

Crime prevention aid asked

By James F. Henry
Manchester Herald

BOLTON — The Board of Selectmen will consider whether to give money to a new regional "crime stoppers" group after receiving a request for \$1,000 to help the group with start-up costs.

Charles Holland, of 110 Riga Lane, asked the selectmen to consider giving \$1,000 to the organization called the Tolland County Crime Stoppers, which includes residents from Bolton, Ellington, Hebron, Tolland and Vernon.

The premise of the crime stoppers program is based on anonymity, according to Holland. He said that if a private individual is a witness to a crime, that person can report the crime on a phone line operating out of, but independently of, the Vernon Police Department.

If a person does report a crime, that person will be assigned a number. Then, if there is a reward from a resulting arrest, the person will be able to go into his or her post office and ask if there is anything for the person's assigned number.

Holland said crime stopper groups have been proven to work, and he is excited about the prospect of what this group, of which he has been elected vice chairman, can accomplish.

Reading from a letter from the organization, Holland said that the purpose of the group is to work with local police authorities "in the apprehension and arrest of the criminal element that is becoming more prevalent in our area."

Holland said, "It has been proven in countless cases that people are willing to step forward and let their voices be heard" if they know their identity will not be known.

Holland said he thinks the organization can help to deter crime in all the communities in the group, without having to add additional staff to the law enforcement agencies in the member towns.

Holland said that though Bolton has been asked to contribute \$1,000, Vernon has been asked to give \$5,000 because Vernon is much larger than Bolton.

"It's a small amount of money, when you consider the potential," Holland said.

First Selectman Robert Morra said the board would take the request under advisement, but he added that the board would need to petition the Board of Finance for the right to donate the money requested. Holland said the group would like the money before it is set to begin operations on Jan. 2.

Holland also is the chairman of the Neglected Taxpayers group.

Blaze rips apartments, injuring 7

HARTFORD (AP) — At least seven people including a firefighter were injured when a fire tore through a three-story brick apartment building in the city's North End late Tuesday night and early this morning, fire officials said.

Five people including the firefighter were being treated for minor injuries at Mount Sinai Hospital early today and were listed in good condition, a hospital spokeswoman said.

Two other people were listed in good condition at Saint Francis Hospital and Medical Center in Hartford after being treated for smoke inhalation, a hospital spokeswoman said.

The fire, which sent smoke billowing into the frigid night air, apparently began shortly after 11 p.m. Tuesday on the Albany Avenue building's second floor and then climbed to the third floor and roof, said Hartford Deputy Fire Chief Donald L. Morceau.

Morceau said it has not been determined how many people were in the building when the fire broke out or how many apartments were there. He said the cause of the fire is still under investigation.

Firefighters used three, 70-foot tower ladders to battle the blaze on two sides of the building and sent water pouring through blackened window frames and charred porches.

The frigid temperatures, which dipped to 22 degrees, caused a thin sheet of ice to form on the outside of the building and on Albany Avenue.

The fire had been brought under control by 12:30 a.m. today.

The fire forced officials to close a section of Albany Avenue near its intersection with Adams Street.

The building also housed stores on the first floor, including Progress Fashion Inc. and Fair Palace Ltd.



Patrick Flynn/Manchester Herald

LOST POUNDS — Nathan Agostinelli, left, and state Rep. James McCavanaugh show 41 pounds of food symbolizing the 41 pounds they lost between them to benefit a food drive sponsored by Stop & Shop and the Manchester Area Conference of Churches. Also shown are Harry Reinhorn, MACC president, and Emilia Miner, store manager of Stop & Shop in Manchester. McCavanaugh and Agostinelli raised \$2,815.

Police officer denies knowing lawyer calls were being taped

HARTFORD (AP) — The second in command of the state police acknowledged that he knew his department tape recorded telephone calls at state police barracks, but he denied knowing calls between suspects and their lawyers were illegally recorded, according to a published report.

"You refer to various memos that came to my attention about the system," Lt. Col. John Mulligan told The Hartford Courant in a story published today. "Certainly I was directed memos and can tell you that I knew of the system we had. I didn't think that the system was being used to have people call their attorneys on."

Man unknowingly paid cop to kill his girlfriend

OLD SAYBROOK (AP) — A local businessman accused of trying to kill his girlfriend because he wanted her money unknowingly hired an undercover police officer to kill her, a police affidavit says.

Philip C. Vallieres, 41, of Branford, had sold his girlfriend 2,000 shares of stock in his Old Saybrook company and needed the money back but was afraid to ask her for it, according to the affidavit, which was unsealed Tuesday in Middletown Superior Court, two weeks after his arrest.

Vallieres pleaded not guilty to attempted murder Tuesday and is free on \$25,000 bond.

The Old Saybrook police department enlisted an undercover officer from the Statewide Narcotics Task Force to pose as a hit man after an employee of Vallieres' tipped them off that Vallieres might be involved in something illegal.

According to the affidavit, Vallieres paid the undercover officer \$500 down and agreed to pay \$2,500 more upon the death of the 43-year-old Branford woman, whose name was not released. The method of the killing was not specified and did not interest Vallieres, who said only that he did not want her to disappear without explanation, the affidavit said.

Vallieres agreed to let the hit man keep jewelry she was wearing at the time of the killing so it would look like a robbery, the affidavit said.

Police learned about Vallieres' plan from Chris Whitney, who works for Vallieres at Philip's Imports Ltd. Whitney told police Sgt. Richard Nigouanti that Vallieres had approached him in June about something vague, which he sensed was illegal.

Police thought Vallieres might be involved in drug trafficking.

Bolton board delays decision on building ban

By James F. Henry
Manchester Herald

BOLTON — The Zoning Commission will wait at least until Dec. 5 to decide whether the town will have its first-ever moratorium on residential subdivisions.

The commission decided in a special meeting Tuesday night at the Community Hall that it would wait to vote on a proposed moratorium until a firm is selected to review the zoning regulations, the purpose for the moratorium.

Three finalists for the contract will be asked to meet with the commission either Dec. 5 or 7, depending on what is convenient for the firms.

The commission voted unanimously to invite representatives from the three firms — JEP of New Fairfield, Design Professionals of South Windsor, and Kahan, Kerensky, Caposella, Levine & Breslau, a Vernon law firm — to make 20-minute presentations to the commission, after which it is expected the commission will decide whether to enact the moratorium or not.

The only firm of the four that submitted proposals that was not invited to make a presentation to the commission was Clough, Harbour and Associates of Rocky Hill. Commission members indicated that the firm's areas of expertise were more in line with the goals of a big city, such as Hartford.

The commission voted to send a letter to Clough, Harbour and Associates to thank the firm for its interest in the project.

Another factor in delaying the decision to adopt the moratorium was the proposed length. For the second consecutive meeting, members of the commission questioned

whether a proposed nine-month moratorium would be the best time frame.

Zoning Commission Chairman Mark Johnson said Tuesday that he has no idea why commission members did not question the proposed length of the moratorium before on a public hearing on the issue on Nov. 1.

Commission member Alan C. Wiedie recommended that the commission wait to decide on how long the moratorium should be until after the meeting that the commission made by Wiedie did not include a provision that the commission must vote to ratify a moratorium of some sort.

That was the official stance taken by the commission at the meeting by a unanimous vote. Johnson noted after the meeting that the motion made by Wiedie did not include a provision that the commission must vote to ratify a moratorium of some sort.

Three Zoning Commission members, including Johnson, attended the single mandatory public hearing for the moratorium. At that hearing, only a handful of non-elected officials attended and no one questioned the length of the moratorium.

The moratorium is designed to buy time for the town to revise its zoning regulations. However, at the regularly scheduled meeting of the commission on Nov. 15, commission members said that if a firm knows nine months has been allowed, it could plan for that period, even if the work could possibly be completed in less time.

Commission members, as well as First Selectman Robert Morra, were concerned Tuesday about the impact the moratorium would have on the upcoming building season.

Bolton ready to start recycling by March 1

By James F. Henry
Manchester Herald

BOLTON — The Board of Selectmen on Tuesday set March 1 as the target date for the start of a town recycling program, aimed at reducing the amount of trash that is discarded in town.

The program, which is still in the planning stages, would include recycling glass bottles, aluminum and tin cans, newspapers and magazines, corrugated cardboard, and some plastic containers.

The selectmen voted unanimously to buy 2,000 blue containers capable of holding 14 gallons and of withstanding extreme heat and sub-zero temperatures. The containers, which have a five-year warranty, will be paid for out of funds from a state Department of Environmental Protection grant for solid waste removal.

The town also agreed to buy 2,000 orange stickers to put on larger containers if a family or group anticipates generating more recyclable materials than can fit in the containers that will be provided to the town residents free of charge.

The proposed program would have the town residents leaving recyclable materials on the road side on the same day of their trash pick up, according to a community newsletter announcing the plan.

First Selectman Robert Morra said there will be programs to involve town students in the effort as plans for the recycling develop.

That's the key in getting the word out — getting the kids involved," Morra said.

The board bought the containers from the Buckhorn Co. in Milford, Ohio. Morra said this is the same firm from which Manchester bought its recycling containers. Morra said each household will receive one free container, and if more are needed, they can be sold at a low cost.

Republicans have a 5-4 majority on the board.

Cooney is a Democrat.

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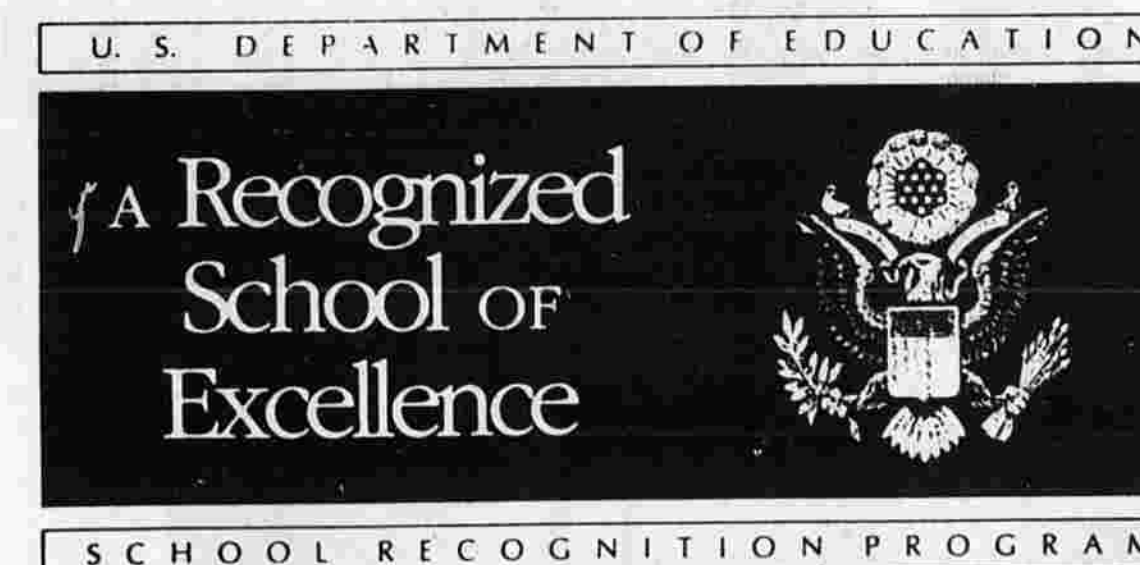
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Reginald Pina/Manchester Herald

THANKSGIVING DAY BASKETS — Jonathan Sparks, 10, left, Laura Kasun, 9, and Charles Hills, 9, prepare Thanksgiving Day baskets Tuesday to be delivered to area families. Eighteen classes at St. James School, in conjunction with the St. Vincent de Paul Society of St. James Church, will prepare 18 baskets.

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OPINION

FOI rule no real bar to service

When the Eighth Utilities District appeals the decision of the state Freedom of Information Commission, the case may hinge on a narrow legal question, but it will involve a broad philosophical one.

The FOIC has decided that a district study committee was an agency of the district government and that when it met it should have kept formal minutes with votes recorded. The committee was made up of one district director and three district citizens. During the committee meetings, the clerk of the district was not present to keep minutes and some of the committee decisions were arrived at by consensus without formal vote.

Implicit in the ruling of the FOIC is the idea that a citizen should be notified in advance when a committee is meeting and should have access to the deliberations and decisions of the committee even if that citizen is not present at its meetings.

Attorney John D. LaBelle Jr., the district's lawyer, and most of the district directors, have taken the view that district committees like the one cited in the FOI ruling are groups of volunteers assisting a government body that does not have a staff of full-time employees to investigate problems as a larger government would have. They further contend that to make such committees subject to all the formal requirements demanded by FOI laws will discourage the volunteer participation that has characterized the district operation.

And they argue that the committees do not have authority to implement any decisions they arrive at.

Implicit in their view is the idea that the district has the right to continue to operate in the informal way that has characterized its operation for many years.

As if to emphasize the point, three members of a district committee have resigned in protest of the FOI decision.

It is difficult, however, to reconcile the majority district view with the premise that people should have the means of knowing as fully as possible what their governments are doing. And it is difficult to understand why people who are willing to volunteer their time, talents, and energy to district matters should be disturbed by the need to keep good records of their deliberations and to arrive at their recommendations by taking votes that produce a clear record.

While the committees may not ultimately determine district policy, they do make judgments that influence that policy.

Open Forum

Blood bank Friday

To the Editor:

Thanksgiving will soon be here again and with it our memorable Thanksgiving Day Road Race, and the Red Cross Road Race Blood Bank collection. Once again, it will be held at St. Mary's Church on Park Street on Friday from 12:00 noon to 6:00 p.m. Road Race T-shirts will again be given to all blood donors. Give blood and wear one proudly!

To make an appointment, please call 643-5111, or simply walk in.

Charles E. Jacobson Jr., M.D.
Chairman
Blood Bank Committee
45 Wylys St.
Manchester

TNT's purpose

To the Editor:

There seems to be a few misconceptions about TNT (The Neglected Taxpayers) organization in Bolton. I wish to clarify a few things.

Members of our group organized (and our membership is still growing) because of their concern over rapidly escalating taxes. We are all very fond of Bolton and we want to be financially able to continue living here.

We intend to have more input into decisions affecting everyone. It is also our desire to have a referendum on important matters.

Contrary to accusations, we are not against our town's younger citizens receiving a quality education. Neither are we an anti-Bolton High School organization. However, we are solidly opposed to excessive property tax increases, uncontrolled school spending, and a policy of education at any cost.

Let us hope that our newspapers will treat us fairly and leave untruthful accusations or insinuations about our motives and goals to others who are apparently less informed.

Roger Pitkin
33 Tolland Road
Bolton

Manchester Herald

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Opinion Page Editor: Ron Robillard
Associate Editor: Alexander Givoli



Fairfield caucus real test

By Bob Conrad

One of Joe McGee's problems, along with gaining statewide recognition as he joins the field of Republicans who want to run for governor, will be breaking the jinx which other candidates have experienced right in his hometown of Fairfield.

McGee will have to enter the Fairfield caucus, an event that has become almost an institution in state politics and usually heavily covered by the media, in late March or April with others seeking the nomination. Already, Republicans there are talking of making him a favorite son.

The trouble is, winners of the Fairfield caucus haven't done well afterward. Most of the time they haven't even been able to get the nomination at party conventions in the summer following.

McGee made a good showing last week when he went through the ritual of a formal announcement at the State Capitol. At 43, he has a youthful but serious look about him. He admits he is an underdog to the perceived frontrunner, U.S. Rep. John Rowland of Waterbury. He took something of a shock at Rowland, who had changed his stand on the tough issue of abortion, by saying he's pro choice. He said a candidate should be consistent.

McGee, vice president of People's Bank in Bridgeport, sees Gov. Bill O'Neill as a vulnerable because of the zig-zag course of state finances in the last year. McGee is anti-income tax, like O'Neill. But he's for more cost-cutting than O'Neill has done.

Outside of the letter "B," the one factor that binds Boston to the people represented by the words Beit Sahar, Berlin Wall and Bantu is the unquenchable fight for freedom that all four symbols represent.

In the last few days, those three foreign names have electrified the free peoples of the world in much the same way that Boston sparked the colonists into overthrowing England's tyranny 213 years ago.

"We won — we beat them!" a Beit Sahar resident gleefully shouted after Israel ended its six-week siege of the West Bank town for not paying taxes.

"There can be no question of us unilaterally abandoning the armed struggle," Walter Sisulu told 70,000 cheering Bantus (black South Africans) at the largest political rally in the African National Congress's history. Sisulu, the Congress's former general secretary, was recently released from prison.

"Free elections! Let the people decide!" chanted thousands of East Germans in a march a few days ago. Widespread East German resentment against the nation's dictatorship exploded in several East German cities and toppled the 18-year reign of Communist Party boss Eric Honecker.

The demonstrations in East Germany, as well as those in Beit Sahar and South Africa, are no different in their purposes and goals than the Boston Tea Party. "No taxation without representation" is being fought for in 1989, just as the American colonists fought for it in 1773.

Whether a ruling government oppresses the Palestinians in Beit Sahar, the Bantus in South Africa, the Germans in East Berlin or — 213 years ago — the colonists in the British-occupied territory, a subjugated people have a God-given right to participate in their own government. Tyranny by any other name smells just as rancid.

What is especially hypocritical about the Reagan-Bush administration is a moral contradiction that applauds glasnost in the Soviet bloc, but acts like a

blushing bride on South Africa apartheid and Israel occupation of the West Bank of Palestine.

Obviously, Israel must take the strongest measures necessary to insure the continuation of its glorious 5,000-year-old heritage. To the extent that the Palestinian youths' revolutionary infidelity threatens the ultimate tranquility of the Israelis, it should be contained. But to the extent that Israel uses the infidelity's violent tactics as a rationale for denying the legitimacy of Palestinian nationhood, it loses the international family's moral support.

In Beit Sahar, a West Bank town of mostly Christian Arabs, the people collectively organized a tax revolt six months ago. The issue was the same one that sparked our own Boston Tea Party: "No taxation without representation."

The Israeli government responded to the Palestinians' tax rebellion by confiscating the Beit Sahar residents' belongings, valued at \$1.5 million.

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Sobering thoughts for Yeltsin

By Jack Anderson and Dale Van Atta

WASHINGTON—Soviet populist Boris Yeltsin would do well to watch his alcohol intake. The Soviet premier he opposes, Mikhail Gorbachev, has twice knocked competitors out by exposing them as heavy drinkers while he stayed sober.

Yeltsin was the target of a KGB smear campaign during his visit to the United States in September. The issue was dear to the heart of every Soviet—booze—and the story was that Yeltsin drank too much of it. A wild account of Yeltsin's escapades in the United States was planted by the KGB in an Italian newspaper and reprinted in the Soviet paper Pravda. Pravda later apologized, but the "party animal" image may linger around Yeltsin. Then, recently, Yeltsin didn't help his cause when he turned up at a Soviet police station disheveled and confused, claiming he was accosted by thugs. He later retracted his statement and apologized in front of the Supreme Soviet.

Central Intelligence Agency sources tell us that the alcoholic smear is an old device for Gorbachev. Twice before—when he was a student and when he rose to Soviet premier—he was later apologized, but the "party animal" image may linger around Yeltsin. Then, recently, Yeltsin didn't help his cause when he turned up at a Soviet police station disheveled and confused, claiming he was accosted by thugs. He later retracted his statement and apologized in front of the Supreme Soviet.

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Deposits are down, withdrawals up at nation's food banks

By The Associated Press

Deposits of surplus food at the nation's food banks have declined this year as the ranks of bank patrons — the poor and hungry — continue to grow.

The federal government and private corporations are donating less food to private charities than in the past, according to food bank officials in several cities.

At the same time, said Kevin Fagan, director of development for the Greater Philadelphia Food Bank, "There's no question that demand is just flying through the ceiling."

Food banks blame the decline, in part, on a frenzied pace of corporate takeovers that have left food industry executives glued to the bottom line and less concerned about the needy.

"I think corporations are not as generous as they have been in the past," said Rodney Bivens, executive director of the Oklahoma City Food Bank, where contributions were down 41 percent by the end of September.

Donations have picked up slightly since then, Bivens said, but are far from meeting the rising demand for food. "The reality is, the agencies that we serve end up giving out less," he said.

Once, a frozen pace of corporate takeovers that have left food industry executives glued to the bottom line and less concerned about the needy.

Food banks blame the decline, in part, on a frenzied pace of corporate takeovers that have left food industry executives glued to the bottom line and less concerned about the needy.

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About half its food comes from Second Harvest, a Chicago-based distributor of surplus food that is the largest single supplier for most food banks. Second Harvest collects products that are considered unmarketable by major corporations because they are mislabeled, underweight or overweight, too close to an expiration date, discontinued or repackaged.



Reginald Pinto/Manchester Herald

MANCHESTER SENIORS — When Manchester High takes to the gridiron for its annual Thanksgiving Day game with crosstown East Catholic, 19 seniors will don the red and white for Manchester High one last time. The seniors are, from left, front row: Shannon Brimmer, Russ Husbands, Anthony Luongo, Cory Wesloskie, Ray Minor, Scott Marcantonio, Ed Leow, Paul Germond, Back row: Phutger Goin, Craig Pardi, Steve Joyner, Steve Oderna, Peter Fongemie, Bryce Allen, Ed Karvitz, Don Holbrook, George Lata, Aris Leonard, Nick Palermo.



Reginald Pinto/Manchester Herald

EAST CATHOLIC SENIORS — When East Catholic High takes to the gridiron for its annual Thanksgiving Day game with crosstown Manchester, 16 seniors will don the blue and white of East Catholic one last time. The seniors are, from left, front row: Chris Mueller, R.J. Botticello, Steve Prattson, Jim Varhue, Joe Burns, Kenny Lee, John Carroll, Brian Goracy. Back row: Scott Scorsio, Tim Seeger, Bryan Chervenak, Jeff Zysnik, Paul Wasik, William Tanski, Kevin Duckett, Todd Saulier.

East-Manchester matchup parallels 1988

Indians come in at 2-7; Eagles looking to avoid first winless campaign

By Jim Tierney
Manchester Herald

As the Manchester High and East Catholic football teams prepare for their annual clash Thanksgiving Day morning at 11 at Memorial Field, a very similar situation which parallels last year's matchup is present.

Both teams wound up with 2-7 records a year ago. Presently, the Indians are 2-7 while the Eagles are winless at 0-9. What little experience East possessed in 1988 was lost this season, compounding its difficult situation. The Eagles have never went winless for an entire season in school history. The worst record ever compiled by an East football team was 1-10 in 1980, the second year of Jude Kelly's tenure as coach.

Manchester's last win was a 15-14 decision over Hartford Public on Nov. 4. It also beat Bulkley High of Hartford, 27-6, on Sept. 23. The Indians are coming off a 14-7 loss at South Windsor on Nov. 11. East is coming off a 36-6 loss to St. Bernard's of Uncasville, also on Nov. 11.

"We can't find any national reason why we would be playing that type of football at this point in time in the season," second-year Eagle coach Leo Pachini said. "Maybe, emotionally the season has gotten to them. By no means, regardless of who's in the lineup on Thanksgiving Day, will this be a throw-in-the-towel effort."

First-year Indian coach Mike Masse, who coached several of his present seniors at Illing Junior High

The lineups

Manchester						East Catholic					
No.	Name	Ht.	Wt.	Cl.	Pos.	No.	Name	Ht.	Wt.	Cl.	
Offense											
18	Aris Leonard	5-8	170	Sr	QB	12	Eric Wibberts	6-2	180	Jr	
44	Steve Joyner	5-11	175	Sr	RB	36	John Carroll	6-0	175	Sr	
33	Terry Perry	5-10	170	Jr	RBWB	7	Chris Mueller	5-5	150	Sr	
45	Peter Fongemie	5-9	140	Sr	FB	30	Adam Albro	5-10	190	Jr	
83	Cory Wesloskie	6-3	195	Sr	SE	89	Bryan Chervenak	5-11	170	Sr	
88	Ray Minor	6-2	175	Sr	SE	84	Joe Burns	5-10	165	Sr	
73	Ed Kravitz	6-0	190	Sr	G	74	Brian Goracy	5-11	185	Sr	
56	Shannon Brimmer	5-10	175	Sr	G	78	R.J. Botticello	5-8	165	Sr	
51	Dave Lata	5-10	165	So	C	55	Steve Prattson	5-10	175	Sr	
78	John Jaworski	6-0	205	Sr	T	64	Kenny Lee	5-10	185	Sr	
53	Scott Marcantonio	6-2	215	Sr	T	66	Todd Saulier	6-1	195	Sr	
Defense											
87	John Golia	6-1	160	So	E	10	Jason Lang	5-10	190	So	
48	Rodney Crockett	6-1	200	Jr	E	99	Jeff Benson	6-0	180	So	
72	Rob Boove	5-11	195	T	T	66	Todd Saulier	6-1	195	So	
78	John Jaworski	6-0	205	Sr	T	74	Brian Goracy	5-11	185	Sr	
67	George Lata	6-2	220	Sr	NG/LB	51	Scott Sorsio	5-11	170	Sr	
53	Scott Marcantonio	6-2	215	Sr	LB	38	Jim Varhue	5-11	170	Sr	
43	John Rossati	6-2	195	Jr	LB	33	J.R. Rodriguez	5-11	180	Jr	
44	Steve Joyner	5-11	175	Sr	LB/DG	7	Chris Mueller	5-5	150	Sr	
10	Kevin Bottemley	5-10	165	Jr	DB	84	Joe Burns	5-10	165	Sr	
32	Nick Palermo	5-8	135	Sr	DB	20	Mike Fusco	5-9	160	So	
15	Dave White	6-1	170	So	S	28	Dylan LeFebvre	5-9	165	Jr	

School, also endured tough times due to lack of experience this year.

"I think the game and the rivalry is great for both schools," Masse said. "It's something to look forward to. When you've had a season

like we've had and East has, it's something else to shoot for. Records don't mean anything. It's a great tradition."

The Eagles led the intrastate series, 9-5. They won, 28-18, in

1988. East retired the Army and Navy Club Trophy last season, after winning for the third consecutive year. A school must win three out of a possible five games to gain the

Army and Navy Trophy.

The last Manchester victory was in 1985 when it won, 12-6.

Also, the Manchester Herald will present a Town Championship Trophy to the winning team for the third consecutive year.

In explosive senior quarterback Aris Leonard, Manchester possesses the weapon which could break this game wide open.

"I think you can draw a lot of comparisons between Manchester and Northwest Catholic," Pachini explained. "We felt to stop Northwest Catholic we'd have to stop (quarterback) Clowis Waite. We didn't do too good a job of doing that. He hurt us not only by running the ball, but also throwing the ball. I look at Leonard as that type of player. In fact, Leonard is probably a better football player."

In his first year of attempting to rebuild the Indian football program, Masse sees the proper groundwork based on attitude and commitment set firmly in place. Many of the Indian seniors hadn't played football since they were ninth-graders at Illing.

"We're really doing a job on the foundation that we're trying to lay that will be Manchester football," Masse explained. "We're looking to create a continuity with the staff so the kids know it's the same coaches year in and year out."

While an East victory would be most satisfying to Pachini and the Eagles, it certainly would not be a panacea.

"It would be pleasing to win," Pachini said, "but, I don't want to fall into a mode that as long as we beat Manchester we had a successful game that we've had a successful season. This season has been anything but successful."

Leonard has rushed for six touchdowns and thrown for 10. Indian senior running back Steve Masse has scored seven TDs. Senior wide

receiver defensive back Joe Burns leads the Eagles with four TDs.

Eagle junior quarterback Eric Vibriotti, who replaced Chris Mueller as signal-caller the third week of the season, has thrown two TD passes and rushed for one.

"I told the kids right after (the St. Bernard's) game on Saturday that if we play like that against Manchester, the score will be out of sight," Pachini said. "We're aware of Leonard's capabilities (but) they've got a couple other kids on that team who are very good players. I don't consider them one-dimensional."

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In Brief . . .

WTIC to broadcast Road Race

The 1989 Manchester Road Race will be broadcast by WTIC radio (1080-AM) on Thanksgiving Day. Coverage begins at 10 a.m. and periodic reports will be broadcast throughout the race.

Youth team goes to nationals

AUGUSTA, Me. — A team of 13-14 year olds representing the Willimantic Athletic Club, with three Manchester runners involved, took second place at the Junior Olympics Cross Country Regional Championships last Sunday and qualified for the national championship to be held Saturday, Dec. 9, at Purdue University in West Lafayette, Ind.

Leading the 13-14 year-old team was Manchester High freshman Joe Moriarty, who took third individually. Brandon Cochran of Benet Junior High was 34th and Bill Young 69th. Also on the team were John Hammond of South Windsor (eighth), Darryl Ramonovir (ninth) and Steve Haddad (15th) of Windham High.

Yankees sign Pascual Perez

NEW YORK (AP) — The New York Yankees, who had the second-worst pitching staff in baseball last season, began their restructuring Tuesday by agreeing to a \$5.7 million, three-year contract with free agent Pascual Perez.

The 32-year-old Perez, who started spring training in drug rehabilitation, was 9-13 with a 3.31 earned-run average in 33 games for the Montreal Expos. In 1988 1-3 innings, he walked 45 while striking out 152.

Perez, who made \$850,000 in 1989, gets a \$600,000 signing bonus, a \$100,000 relocation bonus, \$1.2 million in 1990 and \$1.9 million in each of the 1991 and 1992 seasons. The right-hander has a lifetime record of 64-62 with a 3.48 ERA in six-plus seasons in the major leagues.

"In getting Pascual, we are getting a quality pitcher," said George Bradley, the Yankees vice president of player personnel and development. "He will be one of our top starters."

America Cup races face delay

SAN DIEGO (AP) — A decision allowing New Zealand Michael Fay to continue his appeal of the America's Cup could delay the planned 1992 race until 1993 unless a final ruling is made in the next five months, race organizers say.

On Tuesday, Fay was granted the right to appeal a New York court ruling awarding the America's Cup to the San Diego Yacht Club, which already is planning the defense for May 1992 off San Diego.

But because of an agreement worked out in 1988, if the appeals process is not completed by May 1990, the next races cannot begin until 1993, whether they are in Auckland, New Zealand, or San Diego. There is no timetable on when the New York State Court of Appeals will decide the controversy over racing's most prestigious award.

Pirates keep Jim Leyland

PITTSBURGH (AP) — General Manager Larry Doughty and Manager Jim Leyland had their contracts extended despite the Pittsburgh Pirates' slide from pennant contenders to also-rans last season.

Leyland, who signed a two-year contract extension after the 1988 season, is signed through 1991. Doughty, whose one-year contract would have expired next month, got an extension through 1990. Leyland has a 304-344 record in four seasons.

Doughty, hired last year when former General Manager Syd Thrift was ousted, drew fire for several trades that contributed to the Pirates' 74-88 record and fifth-place finish in the National League East.

NFL honors four players

NEW YORK (AP) — New Orleans Saints linebacker Pat Swilling was named the NFL's defensive player of the week for the second time in four weeks and Henry Ellard of the Rams, Boomer Esiason and Tim McGee of the Bengals and Brent Waters of the Patriots were also honored by the NFL.

Swilling had 3½ sacks in a 26-17 win over Atlanta. Ellard, meanwhile, was named NFL offensive player after catching five passes for 163 yards in a 37-14 win over Phoenix.

Esiason and McGee were named co-winners of the AFC offensive award. Esiason completed 30 of 39 passes for 399 yards in a 42-7 win over Detroit with McGee catching 11 for 194 yards.

Williams had two sacks among his eight tackles, forced one fumble and recovered another as the Patriots beat Buffalo 33-24.

Hearn's brother is convicted

PONTIAC, Mich. (AP) — Henry Hearn, the youngest brother of boxer Thomas Hearn, was convicted of second-degree murder for shooting his fiancée two nights before his brother fought a draw against Sugar Ray Leonard.

Hearn, 23, was charged with first-degree murder in the June 10 slaying of Nancy Barile, 19, who was shot in the boxer's Southfield home.

Bill Irving, a research attorney for Oakland County Circuit Judge Jessica Cooper, said Hearn faces up to a life term in prison on the murder charge and a mandatory two years on the firearm charge. Sentencing was scheduled for Dec. 12.

Samuelsson is expected back

HARTFORD (AP) — The puck may not be bouncing for the Hartford Whalers on the ice but they have something to be thankful for with Thanksgiving approaching.

Defenceman Ulf Samuelsson, who has been sidelined since tearing ligaments in his left knee during the off-season, is expected back in the lineup in a matter of days. The National Hockey League team's general manager said Tuesday.

"This is really good news," General Manager Eddie Johnston said at the team's monthly news conference. "We anticipated getting Ulf back by the end of December but he has progressed so well everything has been moved up four or five weeks," said Johnston. "This will give our club a real shot in the arm."

Samuelsson, a former All-Star player, missed the first 22 games of the season due to surgery and rehabilitation. Though Samuelsson will not play in tonight's Adams Division game against Quebec, he could be ready to return for Saturday's home game against Philadelphia if he receives the permission of doctors.

Bickerstaff speech works like magic

By The Associated Press

If Seattle coach Bernie Bickerstaff could patent whatever he told his team at halftime, he could make a fortune.

"Bernie told us he wanted some fire out there. We did a good job on the boards and got our running game going," said Michael Carse, who led all rebounders with 15.

"Bernie got on all of us at halftime. We just went out and pressured them and got all the loose balls available," added Sedale Threatt, who came off the bench to score 10 points with three assists in 20 minutes.

Bickerstaff's speech worked. After trailing 59-49 at halftime, the Super-Sonics held New Jersey to a franchise-low seven points in the third quarter. Xavier McDaniel outscored the Nets by himself with 10 points as Seattle routed New Jersey 114-84 Tuesday night.

New Jersey's Bill Fitch had no indication that his team was going to fall apart. "We didn't change anything at halftime but I was disappointed that a couple of guys flat-out quit in the second half," he said. "Based on this game, it might be helpful to think about making some changes."

The Nets also scored a franchise-low 25 points in the final half. Their previous low was 28 against Washington on Jan. 21, 1977. Their previous low for one period was 10 points in the fourth quarter against the Los Angeles Lakers on Oct. 14, 1978.

McDaniel led Seattle with 26 points and Dale Ellis had 25. Dennis Hopson led the Nets with 21.

Hawks 103, Pistons 96: Moses Malone and John Battle hit seven of eight first-half shots as Atlanta snapped Detroit's regular-season home winning streak at 25 games. The Hawks led by 20 points in the first quarter and 21 in the second. Malone scored 19 of his 27 points and Battle 17 of his 20 in the first half.

The Pistons rallied to pull to 70-67 with four minutes left in the third quarter. Atlanta rebounded the lead 93-84 in the final period and Detroit got no closer than six thereafter.

Dominique Wilkins added 21 points for Atlanta. Isaiah Thomas led Detroit with 32 points.

Knicks 114, Rockets 106: Patrick Ewing outplayed Akem O'Neal. Ewing scored 18 points and 10 assists against the Rockets. O'Neal scored 18 points and 10 rebounds.

Nuggets 111, Mavericks 95: Alex English scored 18 points and Blair Rasmussen added 16 points and 13 rebounds as Denver won for the 24th time in its last

NBA Roundup

The Knicks outscored the Rockets 12-4 in overtime, with Ewing getting eight points. O'Neal, who fouled out at 1:04 of overtime, had 23 points — none in the extra session and 11 rebounds.

Mitchell Wiggins led the Rockets with 25 points. Charles Oakley had 15 points and 16 rebounds for the Knicks.

The Rockets, trailing by 14 points with 8:20 left in the fourth quarter, took a 102-99 lead with an 18-3 run. New York's Rod Strickland tied the score on a three-point play with 19 seconds left.

Blazers 121, Bulls 110: Kevin Duckett emerged from a scoring slump with 24 points and Portland held Michael Jordan to 16 points, his lowest total in the past four games. Jordan, bothered by the flu and tendinitis in his right knee, was just 5-for-13 from the field.

Jazz 103, Timberwolves 101: Utah's Karl Malone scored 39 points and Thurl Bailey added 25, including a crucial free throw that sent the game into overtime.

The Jazz recorded its fourth straight victory and seventh in eight games while handing the expansion Timberwolves (2-8) their fourth consecutive setback.

Minnesota got 26 points from Tyrone Corbin and 24 from Tony Campbell. The Timberwolves trailed 102-100 with 25 seconds left in overtime. But Utah's Blue Edwards made one of two free throws with two seconds remaining and Malone knocked Minnesota's Brad Schafer to the floor before he could get a 3-point shot.

Bullets 97, Bucks 91: Bernard King scored seven points in the final 2:38 and seldom-used Mel Turpin blocked three shots in the fourth quarter to help Washington end a five-game losing streak.

Turpin, who had played in only three of the Bullets' first 11 games, entered the contest with 1:40 left in the third quarter and played until the final minute. His block of a shot by Jack Sikma with 1:30 remaining helped the Bullets put together a 7-0 run that erased an 87-84 deficit.

Fred Roberts led the Bucks with 26 points, matching his career high. Ricky Pierce had 21 points for Milwaukee and Jeff Malone led Washington with 20.

Nuggets 111, Mavericks 95: Alex English scored 18 points and Blair Rasmussen added 16 points and 13 rebounds as Denver won for the 24th time in its last



The Associated Press

UP FOR TWO — New York's Rod Strickland (11) goes for the hoop over the outstretched arm of Houston's Otis Thorpe during their NBA game Tuesday night in New York. The Knicks won, 114-106.

25 home games. Pat Lever, held to four points through the middle of the fourth period, scored 11 straight for the Nuggets to help halt a Dallas rally.

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Crossword

ACROSS

1 Despicable one
4 Rush's city
7 Public
10 Flying saucer (abbr.)
11 That
12 Miss
13 What one
14 Come to court
15 Paul
16 Sundry
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CELEBRITY CIPHER

Centuries of celebrities are hidden in this puzzle. Each letter in the cipher stands for a celebrity. Try to find the celebrities.

J L L M D Q K M D

D R U C W J X Z - J

T G O D Q K M D C L

C M R G A Z D R A C D

D Z C X R G X Z

W C G H Z S O D C W C L -

E K D C (F W D . V C W R)

PROBLEMS

PREVIOUS SOLUTION: "Our national flower is the concrete cloverleaf." — Lewis Mumford.

ARLO AND JANIS by Jimmy Johnson

THE BORN LOSER by Art Samson

WINTHROP by Dick Cavalli

EEK AND MEET by Howie Schneider

THE BORN LOSER by Art Samson

WINTHROP by Dick Cavalli

EEK AND MEET by Howie Schneider

TV Tonight

7:00PM (3) Inside Edition
(1) 28 Wines of Fortune (C)
(2) Cosh Show (C) (In Stereo)
(3) People's Court
(4) News & Affairs (C)
(5) MacNeil/Lehrer Newshour
(6) Police Story Part 2 of 2
(7) 48 Current Affairs
(8) Cheers (C)
(9) Family Ties (C)
(10) [A&E] Chronicle: Chandra's photo
(11) [A&E] Chronicle: Chandra's photo
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JUMBLE THAT SCRAMBLED WORD GAME
by Henri Arnold and Bob Lee

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

WILEH
TRAFE
BYSUL
HUMBAS

Print answer here: _____

Yesterday's Jumbles: BEGOT ENSUE NEARBY RADIAL
Answer: She used to be afraid of mice until she finally decided to go this—MARRY ONE

IT IS SAID THAT PETS AND THEIR OWNERS GROW TO LOOK ALIKE...

SAUSAGE INC.

ANY CHILD IN THIS COUNTRY CAN GROW UP TO BE PRESIDENT...

AND IF YOU DON'T GROW UP YOU CAN STILL BE VICE PRESIDENT!

FOOD

Eating healthy isn't impossible during Thanksgiving

By Mary MacVean
The Associated Press

NEW YORK — From the Thanksgiving feast to New Year's Day football, stuffing oneself as plump as the turkey seems almost obligatory.

And while a certain smugness may be the reward for not indulging, few will find that sufficient sustenance at the holiday table. There are ways to enjoy the fat of the land without making the New Year's diet any tougher.

"Holidays should be substituted national days of carbohydrates and fat," Ellen Brown writes in "The Gourmet Gazette Cookbook" (Times Books, \$18.95). "A few years ago I was horrified to realize I had used more than four pounds of butter in cooking Thanksgiving dinner for eight people."

It is estimated that Thanksgiving gobbling can total 3,000 calories. But the good news is that Thanksgiving is a time when you can eat what you want without feeling left out.

A key is a flavorful, traditional dish without large amounts of fat, cholesterol or salt. The centerpiece of most feasts, turkey, is a good place to start. "You should take the skin for your portion if you're trying to lose weight," said Barbara Kafka, author of "Microwave Gourmet Healthstyle Cookbook" (William Morrow and Co. Inc., \$22.95). "The skin, unfortunately and sadly, is going to contain a major portion of the fat and the cholesterol in the bird."

The roast turkey in the American Heart Association's "Low-Fat, Low-Cholesterol Cookbook" (Times Books, \$18.95), calls for stuffing the bird with parsley sprigs, apples and crushed pecan crumbs. A separate recipe for bread dressing uses egg whites, vegetable spray and just one tablespoon of margarine.

Kafka also suggests paying close attention to side dishes and considering skipping such traditional items as creamed onions, buttery mashed potatoes and cranberry sauce.

"I think people want some con-

sistency to the traditions, even if they are willing to make some changes, she said. For dessert she plans to make a pumpkin pudding, which is lighter than pie but "satisfies most people in the sense of comfort, sweetness."

"We're not trying to set out to deprive people. If people walk around feeling constantly deprived, they are not going to stick with a diet. It's very important not to set up an antithesis between healthy food and pleasure."

Kafka will serve a fairly traditional Thanksgiving: vegetable soup, turkey with a simple bread-and-stuffing, baked sweet potatoes, braised leeks, raw cranberry sauce (with some of the canned version for the children), apple pie and pumpkin pudding.

For a gliber gravy that's lighter than the norm, she suggests cooking the turkey neck, wing tips and giblets (except the liver) in a container of water in the microwave. Then, rather than the fatty pan drippings, use the broth as the gravy base.

To help make the meal a feast:

- Choose the freshest food possible.
- Eat slowly and savor the flavors, and less food will be enough.
- Decide in advance which "indulgence foods" are important and which can be passed. Stick to those decisions.
- But in the end, if the stuffing, or the creamed onions or the candied sweet potatoes are what makes you happy, go ahead.
- "It's better to eat regular food, if that's going to make you happy, than try to clean your plate," Kafka said. "It's not going to kill you to have something festive that has butter one day a year."

Sweet potatoes

with apples

From "The Gourmet Gazette Cookbook,"
Serves six. Per serving: 195 calories, 0 cholesterol, 0.5 gram fat, 18 mg sodium.

Pumpkin pudding

From "Microwave Gourmet Healthstyle Cookbook,"
Serves four. Per serving: 126 calories, 70 mg cholesterol, 2 grams fat, 54 mg sodium.

Thanksgiving turkey leftovers can be used in many dishes

Your microwave can come to the rescue when fixing Thanksgiving leftovers.

The suggestions contained in today's column will give you some new, quick and easy ideas for what to do with left-over turkey. Let your microwave help do the work while you recuperate.

Turkey-broccoli pastries

Turkey (10 ounces) frozen chopped broccoli

1 package butter
1 tablespoon flour
1/2 teaspoon dried dill weed
1/2 teaspoon salt
1/4 teaspoon dry mustard
1/4 teaspoon garlic powder
Dash of white pepper
3/4 cup milk
1 package (3 ounces) cream cheese
1 cup chopped cooked turkey
1/2 cup shredded cheddar cheese
1 package (8 ounces) refrigerated crescent rolls
1 egg white, beaten
Dill weed



Microwave Kitchen
Marge Churchill

2 tablespoons soy sauce
1 red pepper, cut into 1/2-inch chunks (about 1 cup)
1 1/2 cups cubed cooked turkey (3/4-inch cubes)
1 1/2 cups sliced hot chutney
4 cups fresh bean sprouts
In a four-cup glass measure, combine cornstarch, sugar, bouillon, ginger and pepper. Blend in water and soy sauce. Microwave at high power for five to six minutes, or until sauce is thickened and frothy, stirring every two minutes.

Quick turkey and wild rice soup

1/4 cup chopped carrot
1 tablespoon butter
1/8 teaspoon dried thyme leaves
Dash of dried marjoram leaves
1 tablespoon flour
1/4 cup chicken broth
1/2 cup milk
2 egg yolks, beaten
1/2 cup cut-up cooked turkey
1/2 cup cooked wild rice
In a one-and-a-half-quart casserole, combine the carrot, butter, thyme and marjoram. Cover and microwave at high power for three to seven minutes, or until the carrot is tender-crisp.

Hot turkey salad

1 medium onion, chopped
1 medium green pepper, chopped
2 tablespoons butter

Choosing right turkey can be very frustrating

By Nancy Byal
Better Homes and Gardens

Having the whole clan home for Thanksgiving? Or planning a quiet dinner for four? You can find a turkey that's perfect for either party or any size in between. Keep these points in mind as you make your selections.

FRESH TURKEY: You'll probably need to order ahead to be sure of getting the size you want. Plan on 3/4 pound per person to allow for generous servings plus some extra for another meal. Buy it no more than 2 days before roasting. Take the turkey directly home and refrigerate at once.

FRESH STUFFED TURKEY: Don't buy a fresh turkey that's been stuffed but not cooked. To be safe, the turkey should be stuffed only right before cooking. Otherwise, bacteria can multiply, making food-borne illness an unwelcome guest at your dinner.

ROASTED STUFFED TURKEY: If you decide to purchase a stuffed turkey that's been completely roasted by a deli or restaurant, pick it up just before dinner-

Menus

Senior Citizen

The following meals will be served at Westhill Gardens and Mayfair Gardens the week of Nov. 27-Dec. 1 to Manchester residents who are 60 or older:

Monday: Apricot nectar, meat loaf, with onion gravy, mashed potato with chives, broccoli, wheat bread, rice pudding with raisins.

Tuesday: Cranapple juice, turkey salad, rice, vegetable medley, rye bread, pound cake.

Wednesday: Vegetable beef soup, stuffed shells with Italian sauce, green beans dressing, garden salad with Italian dressing, Italian bread, rice cream.

Thursday: Pineapple juice, baked fish with Newburg sauce, fiesta rice, peas, wheat, bread, fresh fruit.

Friday: Apple juice, sesame baked chicken, cheddar potatoes, Scandinavian vegetables, dinner roll, spiced apple raisin crumble.

Meals on Wheels

The following meals will be served to Meals on Wheels clients the week of Nov. 27-Dec. 1. The hot noon meal is listed first and the cool evening meal, second.

Monday: Roast beef with gravy, whipped potato, green beans; Chicken sandwich, fruit, milk.

Tuesday: Leg of veal with gravy, baked potato, carrots; Egg salad sandwich, fruit, milk.

Wednesday: Swedish meatballs with gravy, noodles, spinach; Turkey sandwich, fruit, milk.

Thursday: Baked chicken quarter with gravy, plain rice, zucchini; Chicken salad, fruit, milk.

Friday: Tuna casserole, broccoli; Tuna salad sandwich, fruit, milk.

The following lunches will be served in the Manchester public schools the week of Nov. 27-Dec. 1:

Monday: Hamburger on a roll, potato puffs, buttered green beans, pineapple tidbits.

Tuesday: Ziti, tomato sauce, tossed salad, bread and butter, fruited gelatin with topping, milk.

Wednesday: Chicken vegetable baked ham, cheese and lettuce sandwich, corn chips, vegetable sticks, harvest cake, milk.

Thursday: Baked meat loaf, whipped potato, gravy, buttered green beans, bread and butter, chilled mixed fruit, milk.

Friday: French bread pizza, tossed salad, chilled pears, milk.

Bolton Elementary
The following lunches will be served at Bolton Elementary School the week of Nov. 27-Dec. 1:

Monday: Clam boat, macaroni and cheese, potato puffs, assorted fruit.

Tuesday: Pasta with meat sauce, tossed garden salad, hot garlic bread, assorted fruit.

Wednesday: Sliced corned beef on a bagel, fresh vegetable sticks, chocolate chip cake.

Thursday: Beef and bacon burger, steak fries, assorted fruit.

Friday: School-baked pizza with pepperoni, tossed garden salad, assorted fruit.

Coventry schools

The following lunches will be served at Coventry Grammar, Robertson and Nubian Hale schools the week of Nov. 27-Dec. 1:

Monday: Fish and cheese on a roll, French fries, sliced carrots, chilled pineapple.

Tuesday: Taco pocket pickup, green beans, fresh fruit.

Wednesday: Lasagna, fresh vegetable sticks, hot garlic bread, fruit crisp.

Thursday: Fruit juice, tuna salad on a roll, fresh vegetable sticks, school-baked cookies.

Friday: School-baked pizza, fresh garden salad, assorted fruit.

Andover Elementary
The following meals will be served the week of Nov. 27-Dec. 1 at Andover Elementary, Helton Elementary and Gilead Hill schools:

Monday: Shells with meat sauce, green beans, choice of fruit, onion rolls.

Tuesday: Chicken patty with roll, buttered potatoes, peas and carrots, chocolate chip cake.

Wednesday: Cheese pizza, cole slaw, fruit.

Thursday: Cheesecake, puffs, carrots, cake with frosting.

Friday: Ham slice, macaroni and cheese, peas and carrots, pineapple, corn bread.

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Charismatic Coghlan returns to Manchester

By Jim Tierney
Manchester Herald

Ever since he wore the colors of the Metropolitan Harriers and traversed the terrain at Phoenix Park as a youngster in Dublin, Eamonn Coghlan has been a winner.

As he enters the twilight of his running career, Coghlan's attitude toward his sport has been altered, yet, his competitive fires remain intact.

The charismatic Irishman, the world record holder for the indoor mile, is returning to Manchester for the fourth time on Thanksgiving morning. Coghlan, 36, is 3-for-3 in Manchester, having won the Road Race in successive years in 1981-82-83.

Known as "The Chairman of the Boards" due to his illustrious indoor track career which saw him win an unprecedented seven Wanamaker Miles at the Madison Square Garden, Coghlan has now tempered his approach to running and trains now for the pure enjoyment of the sport which has reaped him a world of fortune.

"It's training just because I want to," Coghlan, a resident of Rye, N.Y., said.

The last time Coghlan graced Manchester with his presence on Thanksgiving Day was 1983, a banner year for the effervescent Dubliner. Coghlan broke his own world indoor mile record and became the only man ever to break 3:50 indoors when he clocked a 3:49.78 at the Meadowlands in East Rutherford, N.J.

Two moments in Coghlan's track and field career — the 1976 and 1980 Olympic Games — have somewhat tarnished an otherwise glorious stay among the world's elite runners. The first moment came during the 1,500-meter final in Montreal in '76 when Coghlan, upon graduation from Villanova, finished fourth.

The second moment came during the 5,000-meter final in Moscow. Coghlan again finished a disappointing fourth. The painful memory of each of those races is that Coghlan led both with less than 300 meters to run.

However, in August of 1983 at the inaugural World Track and Field Championships in Helsinki, Coghlan achieved vindication in the 5,000 meters. With a smile a mile wide, Coghlan clenched his fists on the final turn of the race as he swept by a Soviet runner to victory.

Coghlan endured the deaths of three pivotal men in his life — legendary Villanova track coach Jumbo Elliott, personal coach and mentor Gerry Farnan and his father — who all contributed to the molding of his character.

Married, he and his wife, Yvonne,



Reginald Pinn/Manchester Herald

COMING BACK — Eamonn Coghlan, left, holds off Greg Meyer to win the 1982 Manchester Road Race. Coghlan, a three-time champ, will be making his first appearance in Manchester since 1983.

have four children — Suzanne 11, Eamonn Jr. 8, Michael 2 and John 1. Coghlan has now settled into a busy family life. An injury forced him to miss last year's indoor season along with a period of inactivity.

"At the beginning of the year I was wiped out of the indoor season due to an injury," Coghlan, a three-time Olympian, said. "In the spring I did nothing at all. And I got tired of doing nothing. In May, I started jogging."

Coghlan now puts in 70-80 miles per week.

"I've run five races this year and I've won five races this year," he said. "They've all been small, low key. I look at Manchester as a gauge as to how well my training has been coming along. This will be my first real test."

As tough a competitor as Coghlan is, he also realizes his limits. "I've always been reluctant about racing on the roads," he said. "I know I'll be competitive but if I have to kill myself to win, there's no point in risking injury. If I can run within myself I'll try to win."

Coghlan's best time in Manchester (21:36 in 1983) now ranks as the sixth swiftest.

"There's some pretty good guys (coming to Manchester) who've been running great on the roads and who've had a consistent period of racing and training," Coghlan said.

Training, for Coghlan, has become a one-day-at-a-time venture now with no grand plans or goals. The indoor season, Coghlan's pride and joy, is the farthest thing from his mind right now.

"I'm not even thinking about indoors," Coghlan said.

His alluring charm and personality has always made Coghlan as big a hit off the track as well as on.

A world-class runner and person, Coghlan has long since left an indelible mark on the sport. Any country, let alone town, which has ever hosted Coghlan has been the fortunate one.

Who will be Road Race champion of the decade?

The 53rd running of the Manchester Thanksgiving Day Road Race may very well be the toughest edition to call in quite some time.



Jim Tierney

There appears to be four solid choices, all worthy and able to enter the winner's circle. The talent-laden quartet includes defending champ John Gregorek, two-time champ John Doherty, four-time winner and course record-holder John Treacy and Gerry O'Reilly.

Newcomer John Halvorsen of Norway, the hottest road racer in the country, withdrew from Manchester last week due to a disagreement between his agent, Bob Wood, and race organizers. Halvorsen will run the TAC Cross Country Nationals Saturday in San Francisco.

Certain to add some spice to this picture is three-time winner and world indoor mile record holder Eamonn Coghlan, who is back for the first time in six years. Also, Richard O'Flynn is back who was runner-up to Doherty in 1987.

Ten Manchester Road Race victories are accounted for among Treacy, Coghlan, Doherty and Gregorek. If Halvorsen would have run in Manchester, it truly would have taken a monumental effort on his part to knock off these proud champions.

This could be looked at, almost literally, as "The Manchester Road Race of the Decade."

It can be seen as a duel between the early 80s champions (Coghlan

'81-83 and Treacy '84-85) versus the later 80s champs (Doherty '86-87 and Gregorek in '88). Charlie Dugan, the 1980 winner, will also be back again.

The winner could be tabbed as the "Manchester Road Race" champion of the decade.

"This is the best field I think, in terms of depth, ever," Treacy, who set the course record of 21:26 in 1979, said before the defection of Halvorsen. "In the past, you could water it down to two or three people. (This year) I think there's five possible guys that could actually win it."

Treacy, a native of County Waterford, Ireland, won the silver medal in the marathon at the 1984 Olympics in Los Angeles.

Each of the contenders for the Road Race crown enter Manchester with various preparations, which all consider to be the best suited for their chances of winning.

Gregorek, who hasn't raced since the summer, is hoping a fresh start will be most beneficial to his retaining his crown.

"I worked hard to become the champion of the race," Gregorek said. "I'm looking forward to coming into the race fresh this year. I'll admit, I feel the pressure."

Doherty, who was a strong

second to Moreco's Said Anaita in the World Cup 5,000 meters during the summer, is a lethal threat in any road race. Doherty and Treacy ran together in the New Bedford 10K two weeks ago.

"We finished together," Treacy said. "We decided we needed to run something before we came down here. We couldn't just turn up down here not having raced for two months."

O'Reilly on Doherty: "He's the toughest runner I've ever met."

As for Treacy's chances? "I think I'm in much better shape than the last time," Treacy said, referring to his distant third-place finish in 1987.

O'Reilly on Treacy: "He means business."

A 1987 Villanova University graduate, the 25-year-old O'Reilly has said that he is in the best shape of his life as he prepares for his sixth appearance in Manchester.

In June of 1987, O'Reilly became the first person to ever break four minutes for the mile in Connecticut when he turned in a 3:59.36 in the Christie McCormick Invitational Mile at the Manchester Community College Relays at Pete Wigen Track.

O'Reilly's best finish in Manchester was third in 1985, one place ahead of Gregorek. His best time (21:59) though came in 1987 when he placed fifth. O'Reilly's best road race effort of 1989 came in September when he won the Pittsburgh Great Race 10K. He improved his personal record for the 6.2-mile distance by more than a minute, turning in an extremely fast clocking of 27:55. Treacy was fourth.

"Gerry's running very well," Treacy said. "He should be there."

On Nov. 12 at the Old Reliable 10K in Raleigh, N.C., O'Reilly was

a strong second to Halvorsen, just three seconds behind.

"I'm in the best shape of my life," O'Reilly said. "Obviously, from my point of view, I'd like a crack at the three Johns (Gregorek, Doherty and Treacy). I really feel great."

The mystery surrounding the race is Coghlan. It's obvious that Coghlan, 36, has trimmed his racing schedule considerably in the past few years. The greatest indoor runner whoever lived is using his training has gone since the spring.

"I don't think Eamonn has been in a real competitive situation over a year," Treacy said. "So, I think it's going to be hard for him."

O'Reilly, who grew up in County Meath, just outside Coghlan's native Dublin, on Coghlan: "I remember talking to Eamonn in October and he told me he had just done a 10-mile run in 51 minutes. I don't ever count Eamonn out."

Some pressing questions, which won't be answered until Thanksgiving morning remain:

Can a fresh Gregorek retain his crown or will the lack of racing hurt him?

Can Doherty avenge his defeat to Gregorek and regain his once-held title?

Can Treacy, who runs the course better than anyone ever has, subjugate his rivals on the Highland Street Hill as he has done in his past victories?

Can O'Reilly stay with the lead pack through the late stages of the race and utilize his mile speed at the finish and finally reach the winner's circle?

Can Coghlan rekindle his former form and be in contention over the last mile?

Can O'Flynn recapture his previous Manchester form and elevate



GERRY O'REILLY
... after first win

himself from bridesmaid status? An American won to begin this decade. Will an American win to finish the 80s? The town of Manchester will soon find out.

Jim Tierney is a sports writer for the Manchester Herald.



Reginald Pinn/Manchester Herald

VOLUNTEERISM WORKS — It takes a lot of volunteers for the Manchester Road Race to work smoothly, and each year there's no problem recruiting people to help in its running. The town of Manchester will open its arms to the 53rd edition of the Thanksgiving Day event Thursday morning.

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Gregorek looks for 'fresh' start in Manchester

By Jim Tierney
Manchester Herald

To defend a title in any sport is an extremely difficult thing to accomplish.

To defend the title of champion amidst the intensity of world-class competition in the Manchester Thanksgiving Day Road Race is a cumbersome responsibility.

But, for reigning champ John Gregorek, defending his title in Manchester holds the utmost importance.

Gregorek, 29, outdistanced two-time champion John Doherty in 1988 and turned in the second fastest clocking (21:30) ever run in Manchester. He also became the first American since Charlie Duggan in 1980 to win on Thanksgiving Day.

After three attempts to finally conquer Manchester, Gregorek is not about to rest on his laurels.

"Now, I want to win it two years in a row," Gregorek, a native of Seckonk, Mass., said after he first committed to the race in October. "I want to prove that last year was no fluke."

A two-time member of the United States Olympic team (1980 team which boycotted the Moscow Games and in 1984) in the 3,000-meter steeplechase, Gregorek, a native of Northport, N.Y., on Long Is-



Reginald Pina/Manchester Herald

PRIZE WINNER — Charlie Duggan, the last American to win the Manchester Road Race in 1980 before John Gregorek broke through a year ago, has made the top 25 prize list a record 21 consecutive times. He placed 23rd in the '88 race to keep his streak alive.

land, is certain about his strategy toward Manchester this year.

When his 22-month-old daughter, Rachel, was diagnosed as a diabetic in the summer, Gregorek curtailed his plans to compete in Europe. Also, his training regimen was severely altered. Gregorek's last road race was when he "jumped in" the Falmouth (Mass.) Road Race in August. He finished 25th.

A 1982 Georgetown University graduate, the 6-1, 160-pound Gregorek stepped up his training in September with his eyes set on Manchester.

"I do get up for Manchester," Gregorek said.

The three previous times Gregorek has raced in Manchester (1985, 1986 and 1988), his final prep race has always been the Old Reliable 10K in Raleigh, N.C., which falls 11 days before Thanksgiving. He had intended on running the Old Reliable this year, but changed his plans.

"I really want to run Manchester fresh," Gregorek explained. "I think the more rested, the better off you are. I want to give 100 percent in Manchester. Sometimes in the past, I didn't single out my races enough and they began to run into one another."

Gregorek cited the 1988 Old Reliable race as nearly a hindrance in his Manchester performance.

"I struggled to stay with John (Doherty) last year," Gregorek said. "Does the lack of racing concern Gregorek as he prepares to defend his title in Manchester?"

"It makes me feel a lot better," he said, referring to having not run Old Reliable. "I didn't have quite the training (for Old Reliable). I can't go to races and not give 100 percent. Mentally, I'm really looking forward to it. In the fall, my first race is usually a fresh one."

In Gregorek's eyes, his last good effort came on the track at the New England Championships in Dedham, Mass. on July 4. There, he won the 5,000 meters in a time of 13:36.

"I'm feel I'm fairly close to that (shape)," Gregorek said.

Manchester newcomer John Halvorsen of Norway, the hottest road racer in the country right now, has met Gregorek before. In the 1988 Boston Milk Run 10K, Halvorsen



John Zivell/Special to the Herald

HEADING FOR HOME — John Gregorek, left, heads for home during the running of the 1988 Manchester Road Race. Trailing him in the background is John Doherty, the two-time defending champ, who placed second. Both will be in Thursday's race field.

edged Gregorek by one second.

"Any race is difficult to defend," Gregorek said. "I think it (winning) will be more difficult than last year. I think he (Halvorsen) will be tough."

Weekly mileage for Gregorek presently is about 70 with speed workouts on the track at Brown University in Providence. Manchester may have never meant

more to Gregorek than this year.

"I won't race again for two months so I'd like to do well," he said. "I want to tell myself I'm rested and ready when I'm at the starting line. I think I'll be ready for it. I have a good mindset on it. I'm more focused. I want to prove I'm back."

Like a thoroughbred racehorse, a fresh one is always dangerous.

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O'Neill set to emerge as one of top area runners

By Jim Tierney
Manchester Herald

When Steve O'Neill was 12 years old, he was a pudgy 5-1, 135-pound kid who liked to play football.

Now, 10 days shy of his 22nd birthday, O'Neill is 5-7, 135 pounds and football is the furthest thing from his mind.

Something occurred during the fall of 1982, his freshman year at East Catholic High School, which would dictate his future participation in athletics.

"I started running because of the success of East Catholic cross country during my freshman year," O'Neill, a senior at the University of Rhode Island, said.

That year of 1982 saw the East boys cross country team win the State Open title. It also saw Steve Kittredge garnering the individual title. O'Neill joined the Eagle cross country team his sophomore year.

Since then, O'Neill's running career has blossomed.

In last year's Manchester Thanksgiving Day Road Race, O'Neill made a name for himself among area runners. O'Neill, a 1986 East Catholic graduate, placed 36th with a fine time of 24:16 and was the top Manchester finisher in the Road Race.

"It was my best race of the year," O'Neill said of the 1988 Road Race. "It was surprising to look next to me and see Judi St. Hilaire (the women's champion). I didn't get worked up about the race which is why I think I ran well."

O'Neill's running career did not take off by any means until his senior year in high school. O'Neill wasn't even a varsity member of the cross country team his sophomore year.

"My sophomore year was a learning experience," he said. "That summer I started training seriously with Jim and Chuck Kittredge." The latter two became All-State cross



Reginald Pina/Manchester Herald
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country runners after transferring from East to Rockville High. Chuck was the State Open champ in 1985.

O'Neill moved into the top five at East during his junior year cross country season. His senior year may have proved the most pivotal.

First, he was among East's top three runners when the Eagles garnered the Class L state championship. O'Neill placed ninth in that race and 54th in the State Open.

He went on to earn All-State honors during the indoor and outdoor track seasons in the 3200 meters.

The summer before he entered college, his mileage was up to 80 miles per week.

"That was the first time I really thought I was a good runner, period," O'Neill said.

O'Neill has run cross country and track at URI. However, he is currently hampered by a hip injury. He

will run on Thanksgiving, however, his training has been very limited this fall.

"This would've been my year," O'Neill said of his final collegiate cross country season. As for Manchester in proper shape, "I would've been shooting for the top 25."

O'Neill's best collegiate efforts were in the 3200 meters and 5000 meters.

Please see O'NEILL, page 9

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Stevenson performs job well for the Manchester Road Race

By Len Auster
Manchester Herald

He's one individual who was front and center when the Manchester Road Race was revived in 1945. His one and only appearance in front of the ropes produced a second-place finish.

But now, behind the scene and far from the accolades of the crowd, Herb Stevenson goes the self satisfaction of being the "property officer" for the Manchester Road Race that is celebrating its 53rd edition on Thanksgiving Day morning.

It's a position that Stevenson sees as a labor of love. And one that he does quite well, if you ask Race Director Jim Balcome.

"(Herb) is absolutely invaluable," Balcome, in his 10th year as race director, said. "I'm not sure if I could run the Road Race as successfully as we do without him."

"He is the property manager and is involved with a lot of things. Herb knows a lot of people around town and he can get the job done, from setting up the press track to getting the ropes set up to getting the course marked."

Stevenson and Balcome also give a lot of credit to Kenny Irish and his crew from the Manchester Parks and Recreation Department. "Kenny Irish also lends invaluable service to the Road Race," Balcome added.

Stevenson is a 1945 graduate of Manchester High School. He ran cross country and track in high school under the late Charles "Pete" Wigren, earning eight varsity letters. He was second in the state cross country championship meet his senior year.

Best known as the Democratic registrar of voters, a position he's held since 1970, Stevenson then attended the University of Connecticut for a semester. He entered the 1945 Manchester Road Race, which was being revived after not being held for 11 years, as preparation to the NCAA cross country championship. He was second behind Charlie Robbins in a field of eight runners, the same number that were entered when the race was first run in 1927.

"I remember the crowds along the way," the sandy-haired, trim-looking Stevenson recalls. "It was a fun race even back then."

Stevenson's running career, however, came to a halt in a hurry. He was drafted into the Navy in 1946, in which he served for 1 1/2 years.

"I went back to UConn after that, but then I never ran again. Maybe my desire was gone," Stevenson said. After graduation from UConn in 1951, he entered the Army in which he served for 5 1/2 years. He returned to Manchester in 1957, becoming deputy registrar of voters at that time.

Stevenson retired two years ago after operating a successful insurance business in New Britain. He now promotes antique shows, among his many ventures. He helped for many years as one of the volunteers who worked as timers at the finish line. But then he became more directly involved after being

"(Herb) is absolutely invaluable. I'm not sure if I could run the Road Race as successfully as we do without him."

— Race director Jim Balcome

"recruited" by Eamon Flanagan, staff anesthesiologist at Manchester Memorial Hospital and president of the Manchester Road Race Committee.

Stevenson credits Flanagan for his increased involvement. "Dr. Flanagan has instilled community and race spirit in the people he's latched onto to work the race," Stevenson said.

His job is simple, but without it the Road Race would not come off as smoothly as it has in the last 10 years. "My primary duties are to supply all material support to the Road Race, including setting up the reviewing stand, marking of the start and finish line, providing the fencing and setting up the elaborate chute system that welcomes the 7,000 plus runners after their 4.748 mile trip through the south end of Manchester."

"I'm one of those guys who can talk people out of things," Stevenson joked about one of his most important functions. He gets the snow fencing from the town of East Hartford, for example. "If you talk to people in the right way, they can

be most cooperative," he explains. Getting cooperation is easy, Stevenson says. "Everyone cooperates. There's some work, but we have a lot of fun doing it. The town is beautiful in the way it supports the race. It's just a matter of coordination. I just oversee. It's enriching. The people who do the work deserve the credit," he adds.

The chute system that greets the runners can be taken for granted. But Stevenson says it's anything but. "You know this is one of the few races (of this size) that finishes where it starts," he said. That means the chute system cannot be even started until the last runner has crossed the start line.

Then the fun begins. "We have 18 minutes to set it up. We pride ourselves in that we do it in 10 or 11 minutes," Stevenson said.

The volunteers who set up the chute system are the same ones who work as timers and recorders, too. Stevenson's days in the sun as a runner were few. But his behind-the-scenes work is as rewarding. "I get more out of this because this is a co-operative basis from a lot of people."



PROPERTY MANAGER — Herb Stevenson, better known as the Democratic registrar of voters, holds an important position with the Manchester Road Race as property manager.

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AND THE BAND PLAYED ON — The Senior Citizens' Band is one of a dozen that will be strategically located around the Manchester Road Race course on Thanksgiving Day.

Bands line race course

By Len Auster
Manchester Herald

One tradition found on Thanksgiving Day morning in Manchester is the Manchester Road Race. The 53rd edition is scheduled to answer the starter's gun on Thursday with a record number of entrants assured to cross the start line.

Sometimes tradition breeds tradition and that's the case here as once again bands will line the Road Race course for the pleasure of the fans and runners.

"It gives a nice party atmosphere," said Eamon Flanagan, president of the Manchester Road Race Committee who is in charge of lining up the bands. "(The bands) just add to the whole atmosphere. We've always had at least one band and we started getting (more) bands

seven years ago," he added. The bands, and their locations are:

Sphinx Temple Brass Band — Army and Navy Club; Manchester Civic Orchestra-brass section — on Charter Oak Street; Springfield Pipe Band — halfway up Highland Street; Tommy Urell's Band (Scottish) — top of the hill at Highland Street; St. Patrick's Pipe Band — Highland Park Market.

Johnny Raymond Band — at the junction of Porter and Wyliss streets; John Pryko Polish Band — junction of Porter and Adelaide streets; Manchester Pipe Band — junction of Porter and Pitkin streets; Stewart Highlanders — Korcan War Memorial; Sphinx Highlanders — medical building on E. Center Street; Senior Citizens' Band — Masonic temple; and the Salvation Army Band — outside the Citadel on Main Street.



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O'Neill

From Page 7

have been a 15:11 5,000 meters indoors and an 8:47 3,000 indoors. O'Neill already has his eyes set on road racing against area runners during the summer.

O'Neill, whose older sister,

Kathy, is the East Catholic girls cross country coach, hasn't been a household name to area runners since he hasn't run many races.

"I've never run the MCC Relays," O'Neill said. "Our (college) coach has always been against us running a lot of races in the summer."

His first indication that he could compete with the top area runners was a 5K road race in East Hartford on July 4, 1987. O'Neill secured sixth, one spot behind Steve Gates, a

long-time top area performer. "That's when I felt I could run with the top area guys," he said.

Though unfit to perform up to last year's race, O'Neill will be at the starting line on Thanksgiving morning.

"Being from Manchester, this is a race I would never miss," O'Neill said. The name of Steve O'Neill will certainly be heard among area runners in the future.



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St. Hilaire clear-cut favorite in women's division

By Len Auster
Manchester Herald

What a difference a year makes. A year ago, Judi St. Hilaire came into the Manchester Road Race questioning her conditioning. She had been laid up for a good part of two years — or ever since her victory in 1985 in Manchester — with chronic back problems.

She came back in February of 1988 and ran a respectable second in the Red Lobster 10K in Orlando, Fla. But a second ailment set her training back again.

So, when St. Hilaire broke her own course record in the women's division by 16 seconds with a clocking of 24:26 in the '88 Manchester Road Race, there were a few eyebrows raised.

There won't be any surprises this year.

St. Hilaire will enter the 53rd edition of the Thanksgiving Day trot in tip-top shape, and off a busy schedule. She's been all over the country and has an impressive record for 1989.

Why the busy schedule? "I've been racing a lot because I'm healthy," St. Hilaire, a graduate of the University of Vermont, excitedly explained. "If I can get in two races a month (I like it that way). When I was having injury problems, I didn't run that much. Plus I don't know how much longer I'm going to run."

St. Hilaire, 30, not only kept herself busy with her running. She and longtime companion, Paul Coogan, were married in August. St. Hilaire said for now she will maintain her maiden name. The happy couple have taken up residence in Fall River, Mass.

Her list of 1989 accomplishments is lengthy. It includes:

- 2nd place at the Boston 10K Mile Run with a personal best time of 31:45. She ran behind Ingrid Kristiansen of Norway, winner of both the Boston and New York City Marathons this year.

- 2nd place at the Women's Nike 8K on May 14 in Washington, D.C.

- 1st place at the Freihofer TAC National Championship in Albany, N.Y., where she set an American 5K record with a time of 15:25.

- 1st place at the prestigious Peachtree 10K Road Race in Atlanta, Ga., where her winning time was 32:05.

- 2nd place at the Big 7K on July 29 in Davenport, Iowa.

- 3rd place at the Falmouth Road Race (7.1 miles) on Aug. 20.

- 3rd place at the Tufts 10K on Oct. 7.

- 1st at the Tulsa, Oklahoma 10K on Oct. 28.

"I don't do heavy mileage. My high weeks are in the 80s (miles run). I usually do about 70 miles (a week), St. Hilaire, said, explaining.



Patrick Flynn/Manchester Herald

COMING BACK — A smiling Judi St. Hilaire, shown going through the chute system after finishing the 1988 Manchester Road Race, will be back to defend her women's division title. She broke her own course mark a year ago with a time of 24:26.

her heavy race schedule. The petite 5-8, 115-pound St. Hilaire has not been challenged in her two Manchester appearances. Her time of 24:26 a year ago was 40 seconds in front of second-place

finisher Christine Pfitzinger. St. Hilaire would like to see a more competitive race in the women's division.

"In the men's division they get seven or eight who can win it," St. Hilaire, who represents Athletes West, said, "but in the women's division when you get 30 seconds between the top two, that's not good for the spectators."

One impressive name which had been added to the women's field was Gretel Waitz of Norway. Waitz, nine-time winner of the New York Marathon. She, however, has been forced to withdraw after suffering an ankle injury sustained while training.

"I'm anxious to run against her (Waitz)," St. Hilaire said of Waitz, before the latter's withdrawal.

There will be a Scandinavian presence in the women's field as Paivi Tikkanen of Finland has entered. She owns the fifth fastest 5000 meter time of 15:15 (a Finnish national record) set this year. She also won in 1989 the Berlin Marathon with a course record of 2:28:45, the Helsinki City 10.7K Race in 33:00 and the Laase Viren 10K in 31:28.

Tikkanen's 5K time is 10 seconds faster than St. Hilaire's new American record, so she could provide some formidable opposition.

The third-place finisher in the women's division in 1988, Linda Begley of Suffolk, is not entered as she'll be visiting relatives in Alabama on Thursday. But Sue Faber of Waterbury, the fourth-place finisher, will be in the race field.

Knowing the Manchester course, particular well-named "Heartbreak Hill" should give St. Hilaire an edge. "I like the shorter stuff and I know the course," she said.

Another record? "Last year I was

"I don't know (my future plans). I'll take it one year at a time. I would like to look at in two years and re-evaluate and see where I am. I'm going to run until I feel I've reached my potential."

— St. Hilaire

in good shape. This year I'm in better shape speed-wise. The record is a tough one but if I run well and the weather cooperates, then we could be close to the record. I didn't expect to run as fast as I did last year."

There were 1,655 females in the 1988 Road Race field that totaled 7,026 registered entrants overall. The first female entry was not accepted until the 1974 race, which went to Cynthia Wadsworth of Farmington, running under the colors of Michigan State University. Women did not join the prize list until 1977.

How many more times will Manchester road race fans get to see the fast-moving St. Hilaire? "I don't know (my future plans)," she replied. "I'll take it one year at a time. I would like to look at in two years and re-evaluate and see where I am. I'm going to run until I feel I've reached my potential."

Followers of the Manchester Road Race didn't have to fret whether or not the defending women's division champion was going to return in 1989. "I look forward to Manchester. It's been on my calendar since last year. This will be my third time there and I enjoy it. I like the distance and it's a nice way to finish the year," St. Hilaire said.

Walkers' numbers grow in the Road Race

By Len Auster
Manchester Herald

The Manchester Road Race, which will conduct its 53rd edition on Thanksgiving Day morning, has enjoyed steady growth over the last couple of years in regards to its field. A total of over 7,000 runners were registered for the 1988 race and according to race director Jim Balcome the field for the '89 event that will answer the gun at 10 a.m. will even surpass that.

The race, to say the least, has seen a cornucopia as far as entries is concerned.

"The number of entries is getting to be a little scary," Road Race coordinator Dave Prindiville said, "but we'll find a place for everyone."

A year ago Balcome and the Road

Race Committee added a walker's division, and it looks like that, too, will see steady growth.

"There's a big influx (of walkers) this year," Balcome said. "Last year we had 180-200 walkers. This year we have over 350 so far registered. Race walkers are certainly welcome. They must have enjoyed it last year because most are coming back and the numbers are increasing."

There is still a vast number of joggers who can be found out on the road. But you'll find the number of people walking for various reasons is on the increase, too. Mike Saimond, a member of the Silk City Striders, has seen the number of walkers increase.

"I know personally a lot of people who are walking," Saimond said. "They're not doing it as a sport. They're doing it as a fitness activity to keep their weight down."

Balcome doesn't see the number of joggers decreasing. Rather, he said those getting into walking are those who didn't do anything previously. "I do see a lot more people getting into walking," he said. "These weren't joggers before. They're new people who were sedentary before. They weren't into

a lot of physical activity." Each race walker does get his/her time at the end of the race. But Balcome said they are not competing against each other. "They're out to have a good time. And they're only competing against themselves."

The last walker crossed the finish line a year ago in 1 hour, 14

minutes. That was just before the deadline before the Manchester Police Department reopened the race course to traffic.

"By agreement, the police department opens the Road Race course at 11:15 (a.m.) to traffic at that time," Balcome said. "But we still time everyone who crosses the line."

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HE'S COMING — Local favorite Amby Burfoot, distinguished by his painter's cap that is his trademark, will be in the Manchester Road Race on Thanksgiving Day morning, for the 27th consecutive year. When asked if he was coming, Burfoot said, "Of course, that's one question you don't have to ask." Burfoot holds the record for number of wins here with nine, including seven in a row from 1971-77 when it became the "Amby Burfoot Invitational." Burfoot, originally from Groton where he ran at Fitch High, is now executive editor of Runner's World magazine that is based in Pennsylvania.

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From Page 2

Suffield will be in Alabama on Thursday visiting relatives.

While most of the attention will be on Gregorek, Doherty, Treacy and Coghlan, there are a couple of other members of the "Irish Connection" who could run away with the 53rd edition.

Gerry O'Reilly, 25, who now calls Ardmore, Pa., home and runs for the New York Athletic Club, has had a superlative 1989 to date. He's had personal best times in the 5K (13:41) in taking third place at the Metrowest Twilight in the Bay State in July and in the 10K (27:55) in winning the Pittsburgh Great Race in September.

O'Reilly has had moderate success in the past in Manchester. He was 15th a year ago. Before that he was third in 1985 and fifth in 1987, his placement backtracking despite a 16-second improvement in time.

Another individual who may bear watching is Richard O'Flynn, 27, of Warwick, R.I. O'Flynn, a 1985 graduate of Providence College, was third in 1983 and second in 1985. He's coming off some injuries, but can be considered dangerous. Kieran Stuck and Geoff Smith are two others to bear watching. Stuck was fifth a year ago.

Gregorek and Doherty, who are virtual neighbors in the Ocean State in Barrington and West Warwick, respectively, sometimes train together. They, however, differ as far as what race strategy may be seen Thursday morning.

Gregorek said with such a deep field, he doesn't see anyone trying to make a break for it at "Heartbreak Hill."

"People are going to be looking at each other," Gregorek, who has not

had a major race in four months due to family obligations, said. "If one guy does go, I think a lot will go with him. I think at the top of the hill, there will still be a group (of runners)."

Doherty said he may be the one to try to force the pace. "Either myself or Treacy," the two-time champ said. "If you leave it to the top of the hill, then there's going to be just too many people around who can hang on."

"If you've already made them work hard up the hill, then they'll be looking to rest when you come off of it. That's really the key. I think the race, as always, will be decided there (at Heartbreak Hill)," he voiced his opinion.

The male and female winners will receive a \$1,250 TAC (The Athletics Congress) Trust Award. Second place in each division is worth \$1,000 with \$750 for third, \$500 for fourth and \$250 for fifth place.

Prizes are also to be awarded the top three in four age divisions (13 and under, 40-49, 50-59 and 60-69) and the first-place finisher in the 70-and-over age grouping.

The first three high school boys and girls, the first Connecticut male and female, and the first Manchester High School male and female also hit the prize list. The first 25 male finishers, and first five females, hit the prize list, too.

Three dollars of every entry fee is directed to research for Muscular Dystrophy. A total of almost \$30,000 was raised a year ago. The Manchester Road Race Committee, for the 12th year in a row, is chief sponsor of the race with financial assistance from Pratt and Whitney and the Hartford Courant.

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Springer looks to be No. 1 for real in Road Race

By Jim Tierney
Manchester Herald

To look at Shira Springer, one would never or could ever see where her strength originates.

The petite, 5-1, 90-pound Springer was a dominant force as a freshman for the Loomis-Charfee girls' cross country team this fall.

Springer, who lives in Manchester and attended Benet Junior High School last year, was the No. 1 runner for Loomis and placed fifth individually in the New England Prep School Championships on Nov. 11.

Team-wise, Loomis captured the team title by five points over Northfield Mount Hermon. It marked the first time the Loomis girls cross country team has ever won New England.

In the 1988 Manchester Thanksgiving Day Road Race, Springer turned in a blistering time of 31:22 for the 4.75-mile course.

Her time was 20 seconds ahead of the No. 1 high school girl, Jen Devine of Windham High School. Devine had placed 16th to earn All-State honors in the 1988 State Open three weeks prior to the Road Race.

Unfortunately, Springer could not be awarded as the No. 1 scholastic girl since she was in eighth grade. She will be back again this year for the Road Race Thanksgiving morning.

"I hope I do well," Springer, 14,

SHIRA SPRINGER
... looks to be No. 1

said. "It's a fun race. All your friends are out there. They have the huggers up around Highland Park Market and the 'Rocky' theme on Porter Street. I like longer races."

Shira's mother, Helene, was overwhelmed with her daughter's performance on Thanksgiving Day last year.

"I was shocked," she said. "She came by me and she was waving and smiling. I didn't think she was running competitively."

Was Springer surprised at all

about her success at Loomis?

"I was a little bit surprised," she said. "I didn't know what it would be like being in high school because I had always competed mostly against junior high kids. I didn't know what to expect. I don't think I did a lot of running during the summer. I didn't really keep track."

Ninth-year Loomis girls' cross country coach Sue Griffin knew she had something special when she saw Springer at a running camp at Dartmouth College during the summer.

"She's extremely competitive and determined," Griffin said. "We tend to have a lot of talented freshmen here. She's confident in her abilities. She's a very fast starter. She's got an extremely quick turnover rate. She enjoys it. She's there because she loves running. She's still young. She should get stronger."

Springer's time of 19:02 for the Loomis 3.1-mile home course is a very fast time which can be put into perspective to a degree. Rebecca Jorgenson of Mercy High in Middletown set a course record of 19:26 for 3.1 miles at the All Connecticut Conference Championships in October. Jorgenson, who did not run in the State Open this year due to injury, placed second in the Open in 1988.

Springer related a strange occurrence during the New England race. "I was doing well," she said. "I led the race pretty much until the first mile. I was ahead of Amy Lyman (her rival from Northfield Mount Hermon) and we were staying in contact with this girl from Andover. That was kind of my plan.

I don't know what it was but something around the two-mile mark flew into my throat. I had trouble breathing for awhile. It was irritating. I didn't know what to do. I was kind of frustrated after that."

Frustration didn't keep Springer from winning a TAC Junior Olympic qualifying cross country race the next day in Mansfield.

Last Sunday, Springer was victorious in the 13-14 age group Region 1 TAC Cross Country Championships in Augusta, Maine. Her time was 15:30 for the 2.5-mile

course. The win qualified Springer for the TAC Nationals which will be held Dec. 9 at Purdue University in West Lafayette, Indiana.

Before beginning to run seriously in eighth grade, Springer played soccer in the Manchester Soccer Club program. During the fall, she ran about 30 miles per week. Her day begins around 6:30 a.m. and she arrives home from cross country practice around 6:30 p.m.

"I like it (Loomis)," Springer

Please see SPRINGER, page 14

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Race top finishers

Year	Top three finishers	Time
1927	John McCuskey, Frank Haraburda, John Thompson	29:46
1928	Jim Gwin, George Scully, Ed Mounstream	27:44
1929	Walter Bennett, Charlie White, Joe McCuskey	26:31
1930	Joe McCuskey, Les Pawson, Charlie White	24:54
1931	Joe McCuskey, Leonard Hubbard, Joe McLeod	24:52
1932	Joe McCuskey, Les Pawson, John Turley	24:17
1933	John Noth, Tarzan Brown, Bill Linley	25:30
1934	John Turley, David Kantorowicz, Dave McElane	24:43

Race suspended due to lack of interest, World War II

Year	Top three finishers	Time
1945	Charlie Robbins, Tom Crane, Joe McCuskey	26:10
1946	Charlie Robbins, Bob Knowles, Jess Van Zant	25:09
1947	Joe McCuskey, Fred Schoeffler, George Terry	25:02
1948	Ted Vogel, Fred Schoeffler, John Kelley	25:03
1949	Tom Crane, Fred Schoeffler, John Kelley	24:48
1950	Fred Schoeffler, John Kelley, John Lafferty	24:55
1951	John Kelly, Tommy Crane, Bob Black	24:30
1952	John Kelly, Austin Scott, Charlie Robbins	25:33
1953	John Kelly, Charlie Robbins, Nick Costes	24:20
1954	Nick Costes, Dick Hart, Fred Schoeffler	24:42
1955	Dick Hart, John Kelley, George Terry	24:28
1956	Charlie Dyson, Alan Shaler, Bob Scharf	25:34
1957	John Kelley, Pete Close, Lew Singlet	23:59
1958	Pete Close, Ed McAllister, Al Confolone	24:45
1959	Bob Lowe, John Kelley, Russ Bennett	24:18
1960	Bob Lowe, Jim Keefe, Larry Damon	24:00
1961	John Kelley, Walt Barker, Larry Damon	24:21
1962	John Kelley, Len Ehler, Larry Damon	24:30
1963	Vic Zawalski, John Kelley, George Conaway	23:53
1964	Ralph Buschmann, Jim Keefe, John Kelley	23:56
1965	Ralph Buschmann, Amby Burfoot, Ray Crothers	23:50
1966	Art Dulong, Amby Burfoot, Ralph Buschmann	23:14
1967	Amby Burfoot, Jim Keefe, Sid Sink	23:15
1968	Amby Burfoot, Pat McMahon, John Vitale	22:34
1969	John Vitale, Pat McMahon, Amby Burfoot	22:38
1970	Amby Burfoot, John Vitale, Terry Gallagher	22:48
1971	Amby Burfoot, John Vitale, Don Meynman	22:45
1972	Amby Burfoot, John Vitale, Steve Flangan	22:21
1973	Amby Burfoot, John Vitale, Steve Flangan	22:27
1974	Amby Burfoot, Peter Squires, Bill Rodgers	22:32
1975	Amby Burfoot, Charles Duggan, Tom Hollander	22:34
1976	Amby Burfoot, John Vitale, Charles Duggan	22:34
1977	John Treacy, Charles Duggan, Bob Hensley	22:23
1978	John Treacy, Charles Duggan, Bob Hensley	22:23
1979	John Treacy, Ray Treacy, Charles Duggan	21:26
1980	Charles Duggan, Mick O'Shea, Tom Rastliffe	21:37
1981	Eamonn Coghlan, Ray Treacy, Mick O'Shea	21:43
1982	Eamonn Coghlan, Greg Meyer, Brendan Quinn	21:36
1983	Eamonn Coghlan, John Treacy, Richard O'Flynn	21:52
1984	John Treacy, Colin Rott, Steve Binn	21:43
1985	John Treacy, Richard O'Flynn, Gerry O'Reilly	21:45
1986	John Doherty, Jean-Pierre Nyadisienga, John Gregorek	21:31
1987	John Doherty, Richard O'Flynn, John Treacy	21:30
1988	John Gregorek, John Doherty, Keith Brantly	21:30



John Zwillers/Special to the Herald

RECORD SETTER — Christine Tattersall of the Hartford Track Club set a division record in 1988 in the women's 40-49 age group with a time of 28:16. She broke the old mark held by Jane Arnold by four seconds.

Top 25 times

Runner	Time	Year
1. John Treacy	21:26	1979
2. John Gregorek	21:30	1988
3. John Doherty	21:31	1987
4. John Doherty	21:32	1988
5. Richard O'Flynn	21:34	1987
6. Eamonn Coghlan	21:36	1983
7. Eamonn Coghlan	21:37	1981
8. John Treacy	21:40	1983
9. Eamonn Coghlan	21:43	1982
10. Richard O'Flynn	21:43	1983
11. John Treacy	21:43	1985
12. John Doherty	21:45	1986
13. Greg Meyer	21:46	1982
14. Jean-Pierre Nyadisienga	21:47	1986
15. John Treacy	21:52	1984
16. John Treacy	21:54	1987
17. Jim Cooper	21:56	1987
18. Gerry O'Reilly	21:59	1987
19. John Gregorek	22:00	1986
20. Richard O'Flynn	22:02	1985
21. Keith Brantly	22:05	1988
22. Charlie Bregay	22:06	1983
23. Martin Piaty	22:07	1988
24. Brian Roche	22:09	1986
25. Brendan Quinn	22:10	1983

Record holders

Record	Runner	Time	Year
M-Open	John Treacy	21:26	1979
F-Open	Judi St. Hilaire	24:26	1988
M-40-49	Robert McCarthy	23:51	1980
F-40-49	Christine Tattersall	28:16	1988
M-50-59	John Dugdale	24:52	1984
M-60+	Zofia Turose	30:39	1988
F-60+	Adeline Kearney	35:30	1985
M-H.S.	Kevin O'Keefe	23:17	1977
F-H.S.	Leslie Wixon	27:01	1982

Springer

From Page 13

said. "My father went there. There's about 750 students so you have real, small classes." Shira noted she passes pictures of her father in the school hallways due to his athletic prowess when he attended Loomis, a private school based in Windsor.

"It's almost like a home school for Shira," Mrs. Springer said. "We've been closely tied to Loomis."

Springer, who will run outdoor track in the spring, maintains a fresh attitude toward running and competing which is conducive to success.

"I try to think about my own race," she said. "As a freshman, you don't have any knowledge of who you're going against. You run better when you're relaxed."

To look at Shira Springer, one will see a warm, young girl with a tremendous amount of talent and an inner strength second to none.



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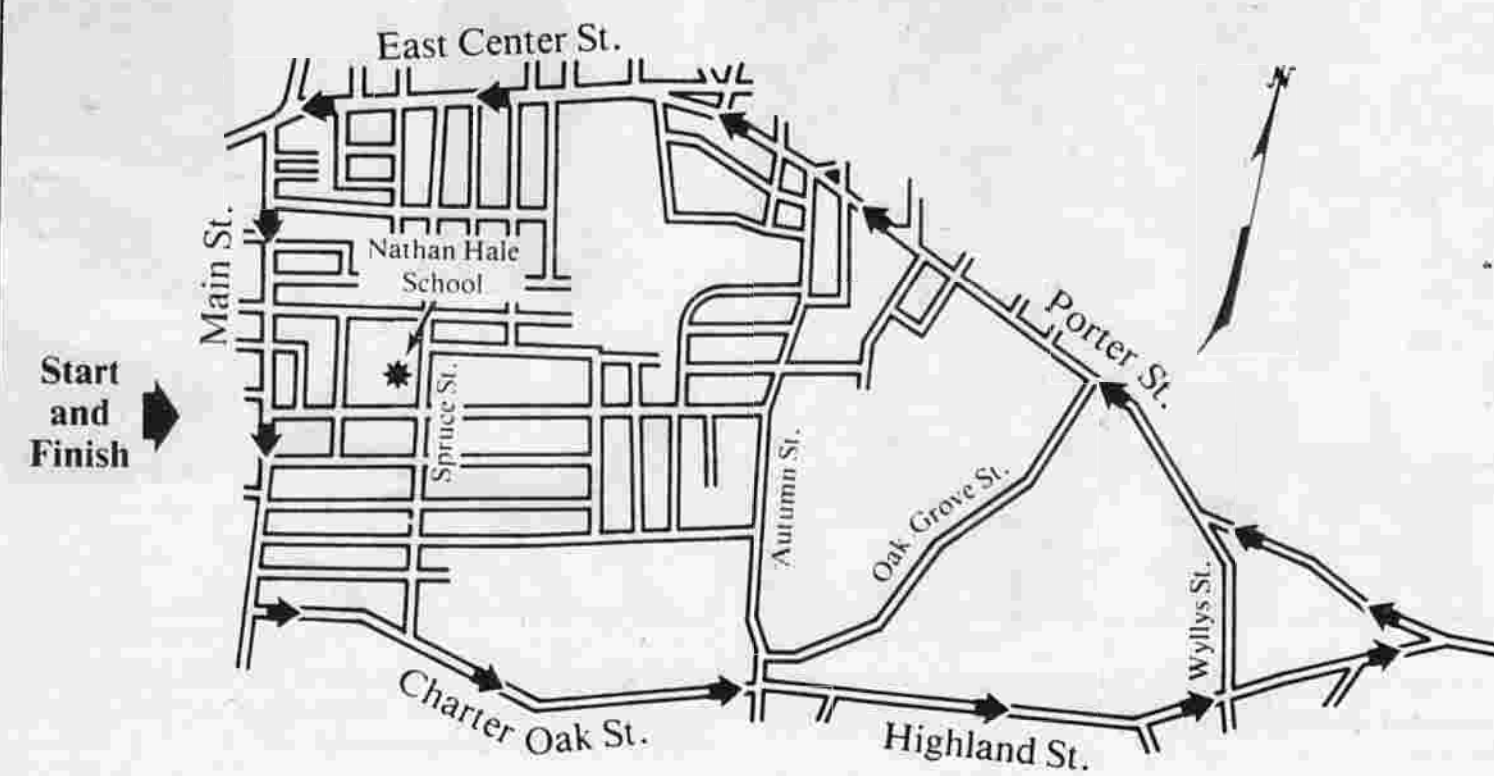
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Reginald Pinto/Manchester Herald

OFF AND RUNNING — When the starter's gun sounds on Thanksgiving Day morning, a field of almost 8,000 runners is expected. That would be a record for the Manchester Road Race which is celebrating its 53rd edition.



Reginald Pinto/Manchester Herald

AIDS RESEARCH — Proceeds of the race go to Muscular Dystrophy Research in Connecticut. A total of nearly \$30,000 was donated a year ago.

Local businesses to be ready for Road Race

By Dianna M. Talbot
Manchester Herald

Stergios "Steve" Karamenis, owner of Steve K's Restaurant and Catering business, is not going to make the same mistakes this year that he made last year when preparing for an expected onslaught of business during the morning of the Thanksgiving Day Manchester Road Race.

"This time, he will have at least five people working the tables and counter at his downtown Main Street eatery, and he won't get stuck with a lot of leftover donuts, he says.

Last year, hundreds of people who were attracted to the racing action flocked to the restaurant to eat, Karamenis said. But there were only three employees working, so service was slow and a backlog resulted. Several people had to wait in line in order to eat. Others went somewhere else.

Karamenis made another minor blunder. "I thought people were going to come in, grab a donut and some coffee, and go out," so he bought dozens of donuts beforehand to meet the expected demand, he said. "But nearly everyone wanted a full breakfast," he said. "We got stuck with a lot of donuts after everyone went home."

Karamenis feels better prepared for this year's race. He says he expects to sell a lot of his regular breakfast special — steak, eggs, toast, homefries and coffee, all for \$4.95. The restaurant will be open from 6:30 a.m. until noon.

Other local businesses, mainly Main Street area restaurants and bars as well as the Army and Navy Club, are gearing up for the 10 a.m.

event, too. Business managers are making sure they have enough food and drink on hand — and toilet paper. It's the one day of the year that they can help welcome over 7,000 registered runners and thousands of spectators to the downtown area. Many of these people will be in need of restroom facilities.

"It's going to be a total madhouse," said a cheerful Jack Ziernak, owner of Hartford Road Cafe, which expects at least a thousand hungry and thirsty patrons that day, a direct offshoot of the Road Race. "I would consider it Manchester, Connecticut's finest hours," he added, a twinkle of anticipation in his eyes.

The cafe will be open from 10:30 a.m. to 2:30 p.m., reopening that night at 7 p.m. A free buffet will be served for race participants after the race, Ziernak said.

Donald F. Denley Sr., owner of

The Hungry Tiger Cafe and Restaurant, 120 Charter Oak St., also expects at least 1,000 patrons. "They come in, eat our hors d'oeuvres, and go to the next bar and try their," he said. "It's a fluctuating basis."

Hungry Tiger will be open from 10 a.m. to 2 p.m., reopening at 6 p.m. on Main Street, a prime location to watch the race from, can be considered a traditional part of either participating or watching the event, according to Chet Gromulski, a member of the club's board of governors.

He said at least 500 patrons are expected. The club will be open from 9 a.m. to 2 p.m., serving coffee, donuts and other assorted munchies and beverages.

Grampy's Corner Store, 706 Main St., will be open all day as usual.

"We're ordering extra pastries and cigarettes and candies because we expect to be very busy," said Grampy's cashier Irene Seneal. The store also will rent a large coffee urn in order to meet an expected increased demand for coffee, she said.

And there are always those runners or spectators who will drop in to buy last minute items at Arthur Drug Store, 942 Main St.

Jean Young, Arthur's manager, said she expects much of the day's business to come from people who attend or participate in the race and want to buy sodas, snacks and candy. The store will be open from 8:30 a.m. to 2 p.m., she said.

O'Flynn aims at joining winner's circle

By Len Auster
Manchester Herald

At the decade comes to a close, Irishmen have won eight of the nine Manchester Road Races that have been contested. A string of seven consecutive victories garnered by members of the famed "Irish Connection" was broken a year ago by John Gregorek of the U.S.

Gregorek won the 1988 race with the second fastest time ever, 21:30.

Before Gregorek recorded his first win in three tries, John Doherty had wins in 1986 and '87, John Treacy in '84 and '85 and world indoor mile record-holder Eamonn Coghlan ran away with the titles in 1981-83.

One Irishman who has been consistent in his appearances in Manchester, but has yet to win, is Richard O'Flynn. The runner-up in the 1984 NCAA Division I cross-country championships and former ICAA champion has announced he'll be the starting line come Thanksgiving Day morning for the 53rd edition of the 4.75-mile run through the south end of town.

O'Flynn, 27, was an impressive second in 1987, finishing just three seconds behind Doherty. But he was unable to make an attempt at the top spot in 1988 because of a hip injury that put him on the sidelines. "That's why I didn't run. I was there (in

"I think this year they'll have the strongest field ever. It may be difficult to finish second again, I'd like to win it, but it's tough when you have John Gregorek and John Doherty and John Treacy and John Halvorsen in the field. There are 10 very good guys who can win it. But I run like I did two years ago, I feel I'll be right there."

— Richard O'Flynn

Manchester) but couldn't run," O'Flynn explained from his home in Warwick, R.I.

The injury set him back for much of the 1989 season. He also started working fulltime, a situation that doesn't lend itself to being a top-notch runner.

"When you run 100 miles a week, it's hard to also work 40-45 hours a week. You can race and work, but not do very well," O'Flynn said.

O'Flynn, a 1985 graduate of Providence College, recently earned his MBA from the same school. He's now working part-time for a bank in Providence, a situation that has enabled him to come back strong with his running. He was second at the Fischang-Cicchetti 5-Mile Race in Waterbury in October, finishing behind Steve Binns. He

didn't find 82 degree weather to his liking, however, on Nov. 12, finishing back in the field as the Old Reliable 10K in Raleigh, N.C.

In his Manchester debut in 1982, O'Flynn, who represents Team New Balance, placed fourth. He moved up one placement in 1983 with a time of 21:43 before securing second place in 1985 with a time of 22:02 and second again in 1987 with a time of 21:34. The latter clocking is the fifth best ever in Manchester Road Race history.

O'Flynn believes if he duplicates his time of two years ago, he'll be in the running for the top position. He's not sure, however, of victory. "I think this year they'll have the strongest field ever. It may be difficult to finish second again. I'd like to win it, but it's tough when you have John Gregorek and

John Doherty and John Treacy and John Halvorsen in the field. There are 10 very good guys who can win it. But I run like I did two years ago. I feel I'll be right there," the 5-foot-8½, 130-pound O'Flynn said.

O'Flynn spoke of Halvorsen before the latter withdrew. Notorious "Heartbreak Hill" in the second mile of the race has been the make or break segment of the race for several years. O'Flynn said with such a deep field, breaking away may be asking too much of any individual.

"It will take someone very brave to try to drop everyone by the top of the hill," he said. "The key to the race is just being in good shape and running intelligently," he said.

O'Flynn said knowledge of the course is vital. "A stranger would want to drive around and see the hill, and see the downhill. Knowing this course is more of a factor than in a lot of races."

If O'Flynn has his way, then Manchester fans will see a pack of the top runners fighting it out when they hit the top of "Heartbreak Hill." "That would make it interesting and more exciting (for the race fans) if there are five or six guys at the top of the hill."

One of those individuals may very well be Richard O'Flynn.



RICHARD O'FLYNN
... after first win

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Bennet students raising funds for special cause

By Dianna M. Talbot
Manchester Herald

The second annual "Bennet Turkey Trot" fund raiser, held in conjunction with the Thanksgiving Day Manchester Road Race, is gaining momentum.

Bennet Junior High School students and their parents and teachers who will walk or run in the race collected through last Friday pledges for their efforts. Alan Meisner, school principal, and a participant in the "trot," said last Tuesday.

The school will continue to accept donations from town businesses until the day of the race, he said. Donations can be sent to the school with "Attention: Turkey Trot" on the envelope.

Ninety percent of pledged and donated money will go to Paul Newman's Hole-in-the-Wall Gang camp, an Ashford-based summer resort for children who have cancer and other life threatening diseases. The other 10 percent will go to the Bennet Athletic Fund. The fund supports special school projects.

Participants hope to raise more than \$1,500, the amount raised last year which was enough to send one sick child to the camp for one week, said William Woodbridge, a school science teacher, athletic director and co-adviser to the Student Council. He also is an organizer of the "Turkey Trot."

That goal appears obtainable. As of last Tuesday, 900 letters asking for contributions had been sent out to businesses in town. Twenty-four firms had sent in \$710, Woodbridge said.

According to Woodbridge, businesses that contributed between \$35 and \$100 include: Betty-Jane Turner School of Dance; Manchester Molding and Manufacturing Co., Inc.; Orlando Annali & Sons; Sunny Side Up Restaurant; and Allstate.



SECOND — Christine Pitzinger of Wellesley, Mass., was second in the 1988 Road Race with a time of 25:06.

Business Machines.

Several other firms contributed between \$10 and \$25, or less, he said.

This is the first year that firms are being solicited for contributions, Woodbridge and Meisner both said.

"We are hoping that this will become a tradition at the school,"

Meisner said.

Student participation in the "Turkey Trot" is higher this year than last, Woodbridge said. So far, at least 80 children and 20 adults are participating. Last year's effort attracted less than 50, he said.

For every \$1,000 that the school donates to the camp, its name will

be engraved on a brass plate to be

positioned on the back of a chair in the camp's auditorium, Woodbridge said.

The teacher said he wants to bring some students to the camp site this spring "to see what they are trying to raise money for."

Situated in "a beautiful area out in

the country," the camp is designed

to give seriously ill children a chance to experience activities that normal children do, such as swimming and riding a horse, Woodbridge said.

He quoted one sick child who recently visited the camp: "It's nice to be sick at this place," he said.

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Reginald Potts/Manchester Herald

SPECTATORS GALORE — One thing about the Manchester Road Race is that it always attracts a large crowd. There were approximately 35,000 spectators lining the race route a year ago, keeping a sharp eye on the 7,000 runners. A huge turnout is expected again Thursday for the 1989 race.

Numbers to watch

If you're looking for some of the top runners in Thursday's Thanksgiving Day Manchester Road Race, or for some familiar faces, or for some of the top females, the best way is by looking for the numbers.

Defending champion John Gregorek will be No. 5 while two-time champion John Doherty is No. 6, four-time champ John Treacy No. 4 and three-time champion Eamonn Coghlan No. 10.

Other numbers among the favorites are Richard O'Flynn (7), Geoff Smith (12), Gerry O'Reilly (16), Richard Mulligan (14), Andy Roman (11) and Steve Ave (19).

Charlie Duggan, the last American to win the Manchester Road Race before Gregorek, wears his familiar No. 3. Nine-time champion Amby Burfoot, who'll be recognized by his trademark painter's cap, also has No. 2 again while bare-footed Charlie Robbins will don his familiar No. 1.

Among the Connecticut entries, Joe Swift has No. 24, John Bysiewicz No. 27 and Gary Nixon of Middletown No. 27. Steve Gates, former Manchester High School and Eastern Connecticut State University standout, again will have No. 13 on his chest.

Among the women, defending champ and course record holder Judi



Reginald Potts/Manchester Herald
RICHARD MULLIGAN
... possible threat

St. Hilare has No. 7001. Puvi Tikkanen of Finland No. 7002, Jan Merrill-Morin No. 7004, Sue Faber 7005 and Karen Smyers No. 7006. Adeline Kearney, who has a streak of her own going among the older set, can be found by looking for No. 9800.

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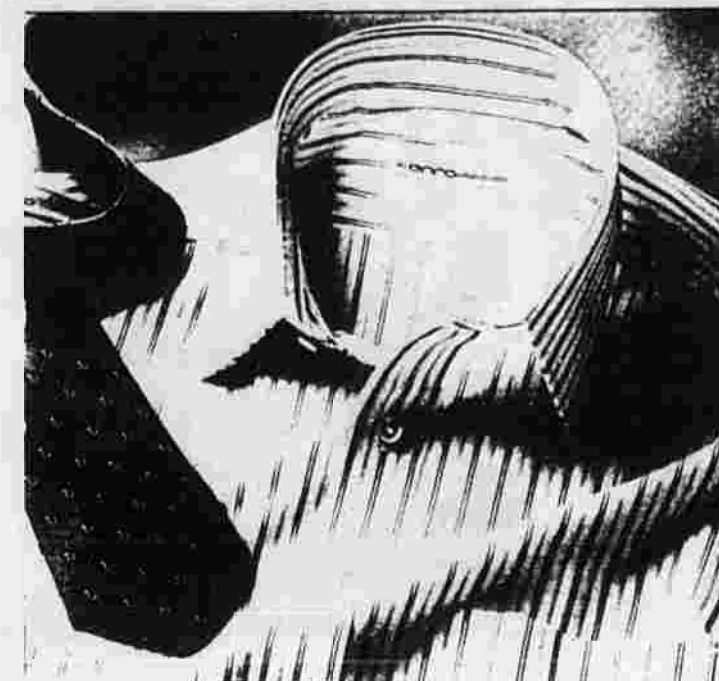
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Happy Thanksgiving



Manchester Herald

Thursday, Nov. 23, 1989

Manchester, Conn. — A City of Village Charm

Newsstand Price: 35 Cents



Regional Photo/Manchester Herald

HOLIDAY GREETINGS — First-grader Ashley McGregor, dressed as a Pilgrim, chats with Clayton Behrman, a kindergarten student disguised as an Indian. McGregor, 6, of 82

Campfield Road, and Behrman, 5, of 14 Summer St., took part in Wednesday's Thanksgiving festivities at the Church of the Assumption School. All grades participated.

Shuttle in orbit for secret mission

By Harry F. Rosenthal
The Associated Press

CAPE CANAVERAL, Fla. — Space shuttle Discovery blasted off on a secret military mission Wednesday night, sowing a brilliant Thanksgiving Eve fireworks show as it rode twin 700-foot geysers of fire into orbit.

Everything is operating normally," said Billie Deason at Mission Control in Houston.

The shuttle lifted almost straight up and headed over the Atlantic Ocean, its booster rocket fire carving two trails in the sky.

Nothing was heard over the public communications channel from Col. Frederick D. Gregory, the shuttle commander. NASA provided launch commentary until Discovery

reached orbit nine minutes after launch and then the system went silent.

"Lift-off of space shuttle Discovery for its Thanksgiving Day flight," said Launch Control's George Diller. Indeed, the astronauts were carrying five meals of turkey and gravy in their food locker.

Night turned into day over the central Florida coast as Discovery flashed to life with a light twice as brilliant as the sun. The sky was cloudless, the sight dazzling.

Lift-off occurred at 7:23 p.m. after a blacked-out countdown made public just minutes before launch.

At two minutes after lift-off, the spent booster rockets fell off; ships were waiting below to recover them.

The shuttle still was visible at the

launch center as a very bright star in the sky even when it was more than 650 miles away and traveling about 6,800 mph.

As the 100-ton spacecraft rocketed away, the ground at the space center shook and windows rattled. Clouds of steam billowed out of the flame trenches below the shuttle as 100,000 gallons of water a minute poured out to douse the fire.

Discovery's mission is to put a spy satellite into orbit, but the Air Force gave no details. NASA was under instructions to say nothing further about the mission, except to give advance landing notice.

The exact schedule, like everything else about this 32nd shuttle mission, was secret.

This was the third night launch in the shuttle program, and only the

fourth in 28 years of manned space flight. Discovery's timetable was dictated by the cargo and its mission.

Sources said the 2½-ton, \$300 million satellite cradled in Discovery's cargo bay is capable of listening in on military and diplomatic communications — voice and teletext — broadcast from Soviet military installations. The satellite's duty post is to be 22,300 miles over the equator, with line-of-sight to the Soviet Union, China, the Middle East, Africa and all of Europe.

A similar satellite was released on a shuttle flight in 1985.

On the last launch after dark, the fiery trail of the shuttle's two solid rocket boosters could be seen along a 700-mile strip from Charleston, S.C., to Key West, Fla.

Road Race highlights the holiday

Over 7,000 runners expected to participate in 53rd event

By Len Auster
and Jim Tierney
Manchester Herald

As always, Thanksgiving Day in Manchester is very special and very busy.

The two main events in town today will be the 53rd running of the Manchester Thanksgiving Day Road Race which answers the gun at 10 a.m. sharp on Main Street and the 15th annual East Catholic-Manchester High football game which begins at 11 a.m. at Manchester High's Memorial Field.

A record field of over 7,000 runners is expected for the Road Race. The winner will be a difficult call this year with several past champions in the field. Four-time winner and course record holder John Tracy is back along with fellow countryman Eamon Coghlan, the world record holder for the indoor mile and three-time Manchester Road Race champion.

For Coghlan, this will be his first appearance in the Road Race since 1983 when he edged Tracy. Coghlan is 3-for-3 in Manchester, having also won in 1981 and '82.

Defending champ John Gregorek and two-time champ John Doherty, who have accounted for the last three Road Race victories, are also in the field. Gregorek's victory in 1988, the second fastest time (21:30) in race history, snipped a string of eight consecutive victories by members of the famed "Irish

Traditional spaghetti dinner
kicks off the race, Page 14

Race has grown tremendously
since its inception, Page 15

Connection."

Today's race could be a clash between the early '80s champs (Coghlan and Tracy) versus the late 80s champs (Doherty and Gregorek).

Also a threat to the Road Race crown will be Irishman Gerry O'Reilly, who defeated Tracy in the Pittsburgh Great Race 10K in September.

Judi St. Hilaire, the defending women's champ and course record holder, is the women's favorite. St. Hilaire will be challenged by Paivi Tikkanen of Finland.

Tracy set his course record of 21:26 in 1979 while St. Hilaire established her record mark of 24:26 last year.

Despite the weather forecast which calls for some sort of precipitation, Race coordinator Dave Prindiville said the race will go off at 10 a.m. sharp, and recommends runners allow themselves extra time to arrive for the start, if necessary.

Proceeds from the Manchester Road Race enter Muscular Dystrophy research in Connecticut. A total of \$30,000 was donated a

Please see RACE, page 14

Bush to Gorbachev: End the cold war

By Terence Hunt
The Associated Press

WASHINGTON — President Bush, calling the changes sweeping Eastern Europe "a joyful end to one of history's saddest chapters," on Wednesday urged Soviet President Mikhail S. Gorbachev to work with him at next week's summit to "once and for all end cold war."

In a Thanksgiving Eve speech broadcast to the nation from Camp David, Bush pledged there would be "no surprises sprung on our allies" at the shipboard summit in the waters of the Mediterranean off Malta.

"We will miss no opportunity to expand freedom and enhance the peace. And to those who question our prudent pace, they must understand that a time of historic change is no time for recklessness," Bush said.

The speech came at a time of momentous changes in Eastern Europe, dramatized by the opening of the Berlin Wall and the loosening of hard-line Communist policies in East Germany, Hungary, Poland, Czechoslovakia and even Bulgaria.

Bush said that "in a new Europe, the American role may change in form but not in fundamentals."

He said that even if U.S. and Soviet forces are significantly reduced, as both superpowers have

proposed, "we will remain in Europe as long as our friends want and need us."

Bush hailed Gorbachev as "the dynamic architect of Soviet reform" and said that in Malta, "I will assure him that there is no greater advocate of perestroika than the president of the United States." Perestroika is Gorbachev's beleaguered program to restructure his country's faltering economy.

Bush said that as the nation heads into a new decade, "I am reaching out to President Gorbachev, asking him to work with me to bring down the last barriers to a new world of freedom."

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There's no need to be alone and hungry

By Nancy Foley
Manchester Herald

It will cost you only one smile to attend the Community Thanksgiving dinner this year and organizers promise you'll get more in return.

The annual dinner, sponsored by the Manchester Area Conference of Churches, will be held at St. James School, 73 Park St., at 12:30 p.m. today.

Arthur Kissman, organizer of the event, had planned for about 120 people to come to the event, but now expects about 150 to show up.

Kissman does not like to say the dinner is for the poor.

"None of these people are poor because they have friends like us," he said.

Also, he believes some people in the town have not attended because they had the impression the dinner was only for low-income people.

"It's for anyone who's alone," he said.

The guests will include the homeless, low-in-

come families, the retarded, people with physical disabilities and the elderly.

Many of the elderly who have attended in the past have families that care about them but who live out of state, Kissman said. In some cases, senior citizens come from convalescent homes.

Though a Thanksgiving dinner is provided at the homes, they prefer to come to the community dinner because of the entertainment provided, he said.

Entertainment will include amateur piano players and singers, one professional guitar player and a group of child tap dancers.

The theme of this year's dinner is "A Class Act," Kissman said. The meal will be served in a brightly decorated cafeteria and four waitresses, all formally dressed, will attend each table.

Kissman said the classy atmosphere created by the organizers rubs off on the guests.

"Even the homeless people seem to dress up," he said.

Twelve turkeys weighing 20 pounds and two

hams weighing 20 pounds will be cooked to

serve all those people. The menu will also include imported cheese and caviar, homemade fish chowder, fruit salad, carrots, peas, yams, potatoes, gravy, stuffing, homemade bread, homemade desserts, cider and orange sherbert.

All of the food for the meal has been donated and will be cooked by volunteers, Kissman said.

Guests will be allowed to take home any leftover food and will also be given gift packages of soaps and shampoos.

Kissman is member of the parish at St. James Church and a systems programmer for Pratt and Whitney. He has helped organize six Thanksgivings Day dinners at St. James, and last year he was Santa Claus at the church's first Christmas Community Dinner.

Eight volunteer drivers will be on hand for those who need assistance in getting to the dinner. Call 647-1365.

People will be admitted at the door without reservations, Kissman said.

"We'll feed them somehow," he said. "No one will be turned away."